

American Optometric Association **NEWS**



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News blog
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Volume 48

April 26, 2010

No. 15



"La Nouba" is the first **Cirque du Soleil** show presented in a custom-built freestanding theater. It is located at **Downtown Disney** in Orlando, Fla., the site of the **2010 Optometry's Meeting®**. Register for Optometry's Meeting® today. Those who register between April 2 and May 18 receive premium rates. After May 18, on-site rates will apply. See page 78 of your Preliminary Program or visit www.optometrysmeeting.org for rate information. Read more about Optometry's Meeting® on pages 12 and 13.

VA confirms need for coordinated, preventive eye care

The Department of Veterans Affairs (VA) Veterans Health Administration (VHA) is calling for better care coordination in VA medical centers to help prevent visual impairment in veterans with eye disease.

A March 25 VA information letter on Visual Impairment Prevention For Veteran Patients recommends that primary care physicians, optometrists, ophthalmolo-

See VA, page 18

AOA continues fight for long-term reform as Congress approves 2-month retroactive Medicare pay 'patch'

Congress has approved an AOA-backed bill that would retroactively reverse a massive cut in Medicare payments to optometrists and other physicians. The 21 percent cut was scheduled to take effect Apr. 1; however, the measure approved by Congress overturns the steep cut retroactive to Apr. 1 and freezes Medicare payments at existing levels through May 31.

After overcoming an important procedural hurdle, the U.S. Senate gave final approval on Apr. 15 to the Continuing Extension Act (H.R. 4851) by a vote of 59-38.

The bill, which passed the U.S. House on Mar. 17, would also extend long-term unemployment benefits, COBRA health insurance subsidies for jobless workers, a national flood insurance program and the use of 2009 poverty guidelines for federal programs.

In the run-up to the final vote, Senate Democrats and Republicans continued to wrangle over how the \$9.2 billion bill would ultimately be

paid for and whether the bill's price tag would be exempt from budgetary offset requirements.

After leading a successful effort to waive budgetary pay-as-you-go requirements and consider the legislation as emergency spending, Sen.

This latest action delays enactment of the planned cut until June 1.

Max Baucus (D-Mont.), chairman of the Senate Finance Committee, offered an amendment to the House-approved legislation that would extend the freeze beyond the original date of Apr. 30 and continue it to May 31. The Senate has since voted to approve the Baucus extension amendment sending the bill back to the U.S. House for final consideration, which quickly gained

passage in the lower chamber. This latest action delays enactment of the planned cut until June 1.

However, Congress will need to take further legislative action before the May 31 deadline to avert the scheduled 21 percent cut.

Meanwhile, Democratic leaders are still trying to resolve differences on a package (H.R. 4213) that would prevent further cuts and extend the Medicare pay freeze and other expiring provisions through the end of the fiscal year.

As the Apr. 1 deadline passed, the U.S. Centers for Medicare & Medicaid Services (CMS) instructed its contractors to temporarily hold fee-for-service claim processing, anticipating Congress would once again intervene.

In turn, the AOA Washington office advised ODs to hold claims, if possible, with dates of service on or after April 1, until Congress

See Medicare, page 14

AOA PAC Fights and Wins for Optometry.
Visit www.aoa.org/AOA-PAC.xml

President's Column
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4

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13

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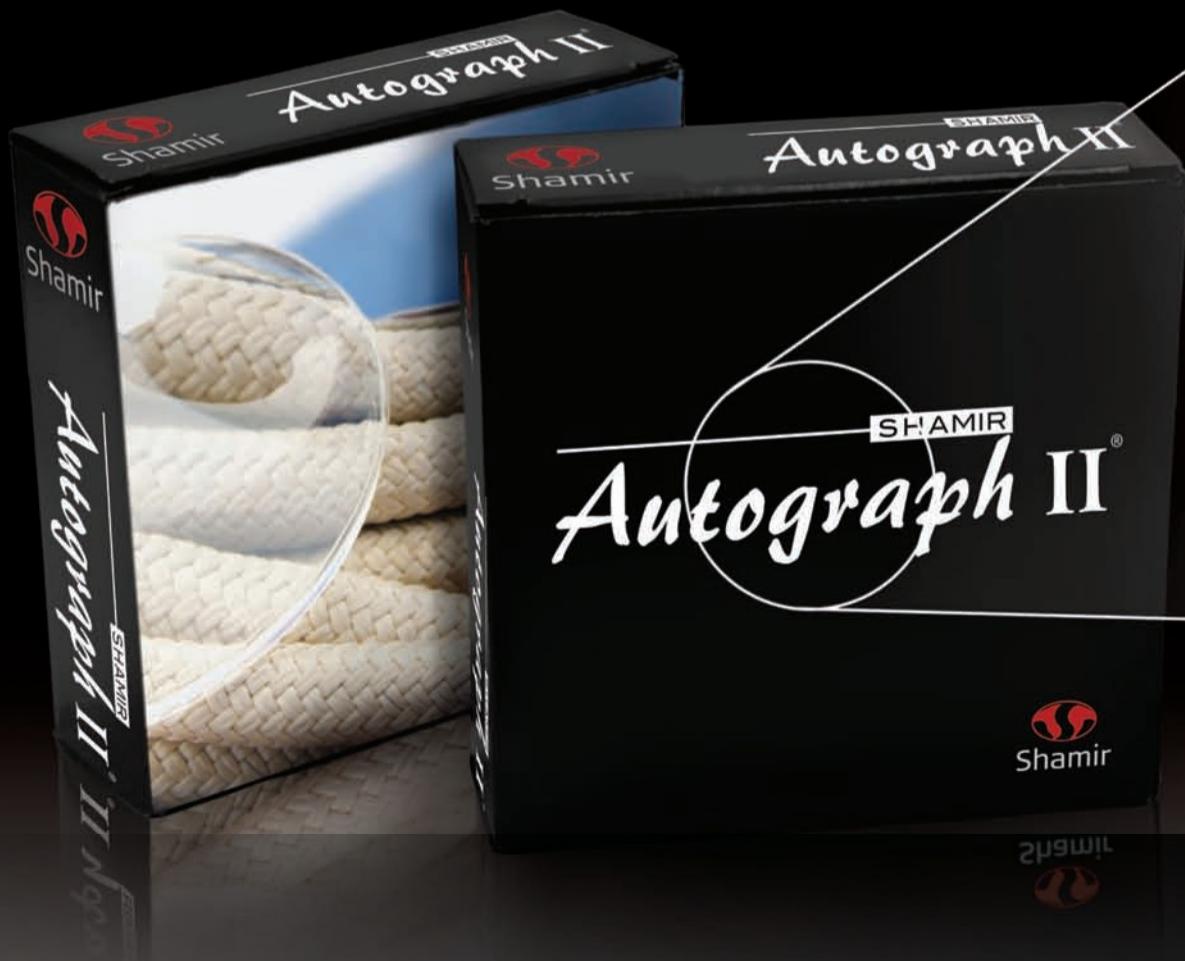
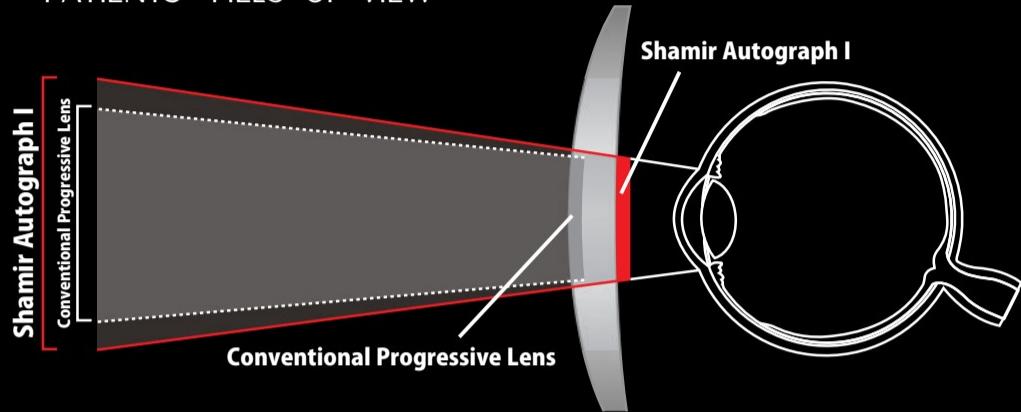
THE GENETICS BEHIND THE PERSONALIZED LENS

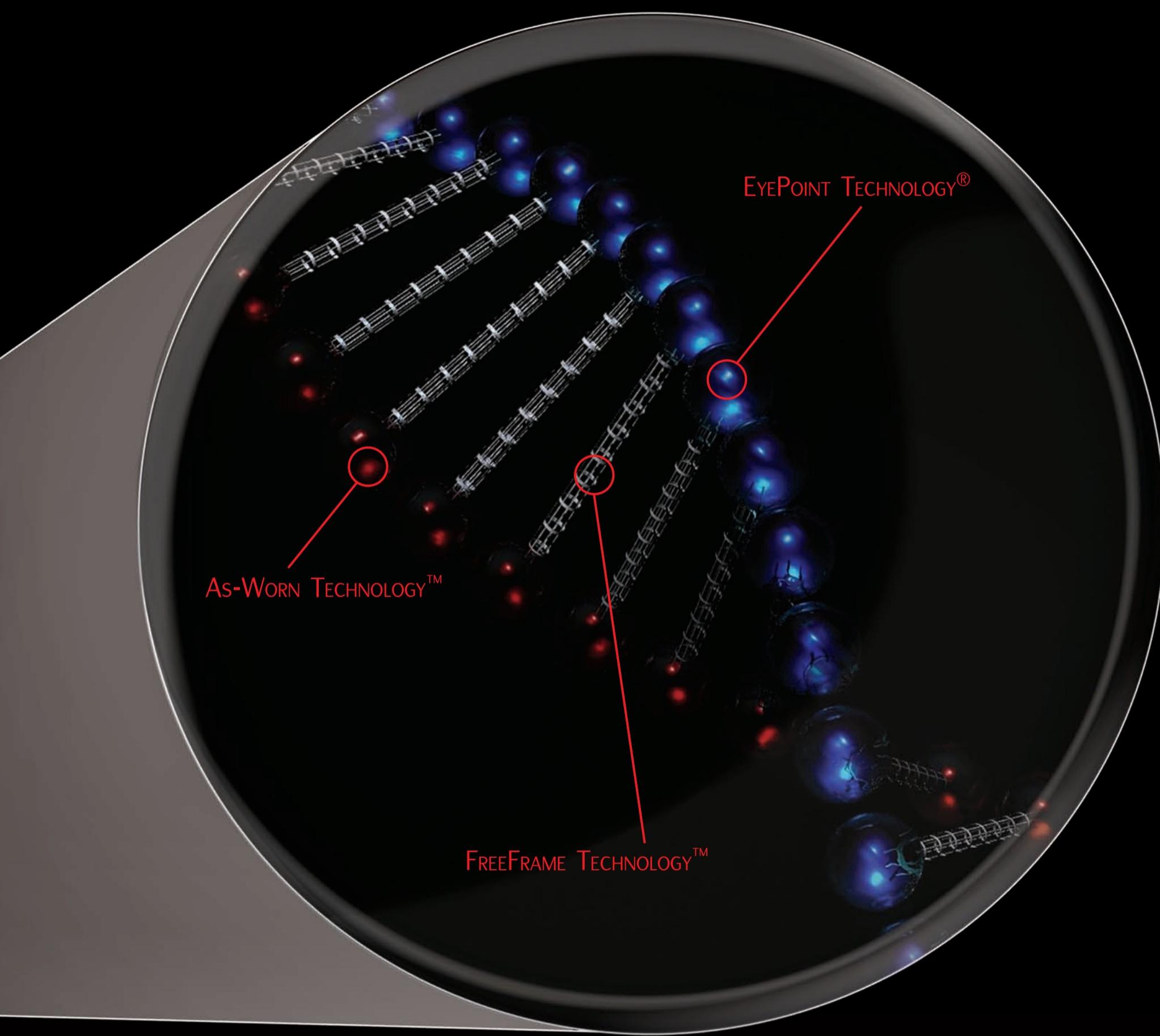
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PRESIDENT'S COLUMN

Ensuring our future

While every optometrist in the country has a right to be proud of our entire profession for our advocacy efforts during the health care reform debate, we should not pause for self-congratulations for too long.

This 16-month-long marathon on Capitol Hill was the largest, loudest and longest public policy battle ever.

The AOA stood up to a range of groups that were intent on trying to impose their definitions, limits and restrictions on our profession, and yet we stayed focused on patient access to care issues.

If national health care reform was going to be about new coverage for more than 30 million uninsured Americans, the AOA's goal was to extend the focus of the debate to the more than 70 million individuals with coverage through ERISA plans that can and do discriminate against optometry.

Our objective from the beginning was nothing less than securing the profession's biggest patient access win ever.

Certainly we have a right to be incredibly proud as a profession, and I am fortunate to be your president at this momentous time in the history of our profession.

And yet we are far from done. There is unfinished business yet to be completed in Washington, D.C., with additional legislative priorities that demand our attention. and our involvement

and our efforts need to be redoubled as Congress will certainly consider any number of "clean up" bills over the months and years that have the potential to undo many of the gains that we have made on behalf of our patients.

We must remain vigilant as a profession to protect our hard fought pro-patient wins.

What is won legislatively can be taken away by regulations if we expend our energy patting ourselves on

implementation process and beyond.

It is critical that you remain active and engaged with your state affiliate optometric association.

Staying in touch by closely following your state and AOA communications will become even more important during the implementation phase and beyond.

A doctor told me at a meeting this past weekend that over the past year, he has seen the most communi-



Dr. Brooks

worth writing about – we still have much more PAC money to raise if we're going to hit our \$1.25 million goal by Dec. 31.

If each member of the AOA invested just \$50 in AOA-PAC – we could be the largest health care PAC in the nation.

I truly believe that we can achieve that goal.

You can donate by clicking on this link: <http://www.aoa.org/x4827.xml>.

Donating to PAC has never been easier. You can log onto the AOA's Web site and donate via credit card.

Each and every member adds to our strength as advocates for our patients, and every PAC dollar invested in our future strengthens us.

We are a small profession, and it is our united voice that makes us heard in Washington, D.C., and on Mainstreet, U.S.A.

Sincerely,

Randolph Brooks, O.D.
AOA president

We must remain vigilant as a profession to protect our hard fought pro-patient wins. What is won legislatively can be taken away by regulations if we expend our energy patting ourselves on the back instead of staying involved on a state and national level.

the back instead of staying involved on a state and national level.

The AOA will be working with federal and regional agencies and stakeholders during the regulatory process to ensure that optometry's key objectives remain front and center.

The AOA's State Government Relations Center and our Third Party Center will be working with each affiliate in assuring that state laws and regulations integrate optometry into the health exchanges during the

cations from the AOA ever in his 30+ years in practice.

Although I am gratified to hear such comments, I am reminded that communication is a two-way street and all optometrists need to take an active role in determining the future of our profession.

To be sure, our AOA membership stands today at an all-time high, and we have seen our AOA-PAC make some very significant gains in 2010 in both dollars raised and member participation.

While our success is

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Strategy confirmed to help determine when to treat retinopathy of prematurity

Scientists have shown that through an eye exam, doctors can identify infants who are most likely to benefit from early treatment for potentially blinding retinopathy of prematurity (ROP), resulting in better vision for many children.

These long-term results of the Early Treatment for

in the United States are affected by some degree of ROP. At-risk infants generally are born before 31 weeks of the mother's pregnancy and weigh 2.75 pounds or less.

This disease, which usually develops in both eyes, is one of the most common causes of vision loss in children. About 90 percent of infants with ROP have a mild

"This study has set the standard of care for infants with ROP by showing that early treatment of selected high-risk premature babies has positive longer-term results on vision."

Retinopathy of Prematurity (ETROP) study confirm that the visual benefit of early treatment for selected infants continues through 6 years of age. The research, published April 12 online in *Archives of Ophthalmology*, was supported by the National Eye Institute (NEI), part of the National Institutes of Health.

"This study has set the standard of care for infants with ROP by showing that early treatment of selected high-risk premature babies has positive longer-term results on vision," said NEI Director Paul A. Sieving, M.D., Ph.D.

"We applaud the researchers in this study for evaluating the effects of early intervention in ROP. Early treatment of any condition is important for the best long-term benefits," said InfantSEE® Committee Chair Glen T. Steele, O.D. "In addition, we would stress the importance of visual development in the process of early intervention. Activities for these babies and young children will provide the framework to allow the babies to reach the highest level of function possible."

An estimated 15,000 premature infants born each year

form that does not require treatment, but those who have a more severe form can develop lifelong visual impairment, and possibly blindness.

During pregnancy, the blood vessels of the eye gradually grow to supply oxygen and essential nutrients to the retina.

If a baby is born prematurely, growth of the blood vessels may stop before they reach the edge of the retina. In these newborns, abnormal, fragile blood vessels and retinal tissue may develop at the edges of the normal tissue.

The abnormal vessels can bleed, resulting in scars that pull on the retina. The main cause of visual impairment and blindness in ROP is retinal detachment.

Laser therapy or cryotherapy, using freezing temperatures, are the most effective treatments to slow or stop the growth of abnormal blood vessels.

"The long-term study has given clinicians evidence that infants with ROP should be treated with different strategies based on an infant's risk for a severe form of the disease, which can be determined through an exam at the bedside," said study chair William V. Good, M.D., of

Smith-Kettlewell Eye Research Institute in San Francisco.

Previously, doctors treated infants with ROP when they estimated their risk for retinal detachment to be 50 percent, a strategy developed through the NEI-supported Cryotherapy for Retinopathy of Prematurity Study. Although this was a major finding, many infants still went on to develop severe eye disease. Therefore, the first phase of the ETROP study aimed to discover if doctors could identify infants at a higher risk for progression of the disease and intervene early to improve their vision.

In 2003, the ETROP study found that early treatment—upon diagnosis as higher risk for severe ROP—improved the vision and retinal health of certain infants after nine months.

These infants had dilated or twisted blood vessels in the retina and substantial growth of new blood vessels, classified as Type 1 disease.

Eyes with Type 2 ROP, or a more moderate amount of new blood vessel growth, did not benefit from early treatment.

Doctors could predict which infants were more likely to benefit from early treatment by identifying certain eye characteristics, such as the appearance and location of the blood vessels.

The current study followed the same 370 children through 6 years of age, when researchers checked their vision and examined the development of their eyes.

The nine-month study recommendations were confirmed through 6 years.

Type 1 eyes benefitted from early treatment, and Type 2 eyes had similar results with either early treatment or treatment at the standard time.

Seventy-five percent of the early-treated Type 1 eyes were spared legal blindness, compared with 67 percent of

Type 1 eyes that received treatment at the standard time.

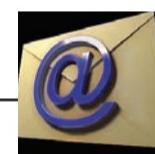
Of the Type 2 eyes that were carefully monitored for disease progression through the standard protocol, more than half improved without treatment.

"Unfortunately, not all eyes selected for early treatment do well," said Robert J. Hardy, Ph.D., director of the ETROP study coordinating center and professor of biostatistics at the University of Texas School of Public Health in Houston. "Additional research is needed to identify still better methods for the prevention and treatment of severe ROP."

The National Eye Institute, part of the National Institutes of Health, leads the

federal government's research on the visual system and eye diseases. NEI supports basic and clinical science programs that result in the development of sight-saving treatments. For more information, visit www.nei.nih.gov.

The National Institutes of Health (NIH)—The Nation's Medical Research Agency—includes 27 Institutes and Centers and is a component of the U.S. Department of Health & Human Services. It is the primary federal agency for conducting and supporting basic, clinical, and translational medical research, and it investigates the causes, treatments, and cures for both common and rare diseases. For more information about NIH and its programs, visit www.nih.gov.



LETTERS

Climbing the mountain

Dear Editor:

After 60 years as an AOA member, I wish to comment on Bill Morrison of Gainesville, Georgia's letter.

Sure, board certification is a national giant step. Yes, many of us do not know if we will pass or not despite all our college and high steps we have already achieved.

What many do not understand is that optometry is between a rock and the hard place. If we slack now, we will undoubtedly be condemned to second or third place in the new national health program or deleted.

My OD grandfather fought to even initially get optometry recognized by our state.

These are trying times, and like it or not, optometry is going to have to prove, as other recognized professions

have, to be board certified. It's not if we like it. It's what our back against the wall demands for us to go forward.

Years ago, osteopathy had great struggles for recognition and were downgraded in many ways by the medical profession. Osteopathy upgraded their skills and by effort—a lot of effort—finally obtained recognition and had board certification to boot.

Optometry is getting to the brink of similar recognition, and board certification can greatly assist the next step forward.

We simply must go ahead or we go behind. We cannot live in the past, and what we have accomplished—and hate to say it—is water under the bridge. The obstacles are formidable ahead, and we must regear to again climb the mountain of all important health care recognition.

J.R. Hale, O.D.
Sunnyside, Wash.

Loomis files for re-election

Steven A. Loomis, O.D., has filed for re-election as an AOA trustee. He is a past chair of the AOA State Government Relations Center (SGRC), Oversight Board, AOA Health Care Legislative Committee (HCLC) and the Resolutions and the Legal Defense Fund Oversight committees and served as co-chair of the Fall Advocacy Planning Committee.

Dr. Loomis serves as the liaison trustee to the Advocacy Group Executive Committee, Community Health Center Committee, Federal Legislative Action Keyperson Committee, Federal Relations Committee, Health Information Technology and Telemedicine Committee, Medical Home Project Team, Professional Relations Committee, State Government Relations Center Executive Committee, Paraoptometric Group Executive Committee, Commission on Paraoptometric Certification, Paraoptometric Section, and as a member of the Optometry Awareness and Public Affairs

Committee.

He has also served as a member on the Advocacy Group Executive Committee and Credentialing Committee and as a trainer for the AOA's Optometric Leadership Institute.

Dr. Loomis attended Montana State University and received his optometry degree from Pacific University College of Optometry in 1979. Shortly after graduation, he began practicing with Kaiser Permanente in Colorado. In 1981, he opened a private practice in Littleton, Colo., where he continues to practice today.

Since entering optometry, Dr. Loomis has been an active volunteer. He has worked on numerous committees within the Colorado Optometric Association (COA) and served as secretary-treasurer and president of the COA. He served as legislative chair, testifying on optometry's behalf and negotiating with ophthalmology during scope expansion. He revamped the COA Awards Committee process and chaired the Children's



Dr. Loomis

Vision Task Force, which developed the goals for children's vision programs in Colorado. In 1994, Dr. Loomis was appointed to serve on the Board of Trustees of the Southwest Council of Optometry and later became president of the Southwest Council. His primary responsibilities were paraoptometric education and the development of the State Leaders' Meeting.

He is a past president and board member of the Denver Southwest Rotary Club and became a Paul Harris Fellow in 1990. He was elected to the Board of Elders for Southern Gables Church and has been chair of its board for six years. Dr. Loomis and his wife of 33 years, Kathy, have three adult children.

Win prizes, attention in AOA Photo Contest

As a way of building a storehouse of arresting and beautiful photos, the AOA announces its second annual photo contest. Open to AOA member ODs, American Optometric Student Association (AOSA) member students and Paraoptometric Section members, the contest's top prize in each category is \$500 cash. All participants will have a chance at seeing their photography in AOA publications or online media.



Prizes:

There will be one \$500 cash winner in each of four categories: Practice Settings, Special Populations (children, seniors, disabled or diverse), Community, and Events. The first finalist in each category will win \$250. The second finalist will win \$125. All finalists will receive a "gallery-wrapped" print of their winning entry.

Contest dates:

The AOA's Photo Contest begins April 20, 2010, and ends May 20, 2010, at 2 p.m. Central Daylight Time (CDT). By submitting an entry, each contestant agrees to the rules of the contest.

Eligibility:

Members of the AOA, the AOA Paraoptometric Section and the AOSA are eligible. For details and to submit photos, visit www.aoa.org/photocontest.xml.



American Optometric Association

**Electronic health records are here.
Is your practice ready?**

The age of electronic health records (EHRs) is here and the American Optometric Association, in collaboration with State Affiliates, supports practicing optometrists.

- Federal EHR incentives begin January 1, 2011.
- The national EHR infrastructure – the Nationwide Health Information Network is scheduled to begin operations in 2014.
- Medicare begins penalizing practitioners who do not use EHRs in 2015.

The AOA's Electronic Health Records (EHR) Preparedness Program for Optometry offers practical guidance on EHR implementation through:

Enhancing Patient Care through Implementation of EHRs, a comprehensive EHR continuing education course at state optometric association meetings.

The AOA Electronic Health Records Page, a one-stop, online EHR information source for optometrists, on the AOA Website at www.aoa.org/EHR.

For more information on current 2010 scheduled courses, visit www.aoa.org/EHR and click on the 2010 Scheduled Courses link.



www.aoa.org/EHR
Click on the 2010 Scheduled Courses

The AOA Electronic Health Records (EHR) Preparedness Course is generously supported by:



Additional genes associated with AMD identified

A large genetic study of age-related macular degeneration (AMD) has identified three new genes associated with this blinding eye disease—two involved in the cholesterol pathway.

Results of this large-scale collaborative study, supported by the National Eye Institute (NEI), part of the National Institutes of Health, were published online April 12 in the *Proceedings of the National Academy of Sciences*.

"Genome-wide association studies require large numbers of patients to discover significant genetic associations. The success of this effort was made possible by a community-wide scientific collaboration of sharing DNA samples and analyzing the genomes of more than 18,000 people," said Paul A. Sieving, M.D., Ph.D., NEI director. "This study increases our

understanding of DNA variations that predict individual risks of AMD and provides clues for developing effective therapies."

AMD is a leading cause of visual impairment and blindness in older Americans.

Repair Laboratory, and Goncalo Abecasis, D.Phil., professor of biostatistics at the University of Michigan, Ann Arbor.

The strongest AMD genetic association found in the study was in a region on

The study has also shed light on a new biological pathway for AMD disease development, by uncovering two genes associated with AMD risk in the high-density lipoprotein (HDL) cholesterol pathway: human hepatic

cholesterol, through the bloodstream.

It is believed that early stages of AMD are affected by accumulation of oxidation products of cholesterol and other lipids in the retinal pigment epithelium, a layer of cells in the back of the eye. However, the relationship between HDL cholesterol levels in the blood and AMD is still unclear.

"We suspect that these genetic variations found in the cholesterol pathway impact the retina differently from the circulatory system, so cholesterol levels in the blood may not provide meaningful information about AMD risk," Dr. Swaroop explained. "Nonetheless, we have uncovered a major biochemical pathway that may be a target for future AMD treatments."

For more information about AMD, visit <http://www.nei.nih.gov/health>.

"This study increases our understanding of DNA variations that predict individual risks of AMD and provides clues for developing effective therapies."

Researchers have previously discovered genes that account for a significant portion of AMD risk through genome-wide association studies (GWAS), which scan the entire DNA of individuals to uncover genetic variations related to certain diseases.

The recent large GWAS was led by Anand Swaroop, Ph.D., currently chief of the NEI Neurobiology-Neurodegeneration and

chromosome 22, near a gene called metalloproteinase inhibitor 3 (TIMP3).

Mutations in the TIMP3 gene were previously found to cause Sorsby's fundus dystrophy, a rare inherited early-onset form of macular degeneration.

Although further research is needed, it is likely that the genetic region pinpointed influences the expression of TIMP3.

lipase (LIPC) and cholesterol ester transfer protein (CETP).

Scientists identified two additional genes, lipoprotein lipase (LPL) and ATP binding cassette transporter 1 (ABCA1), that may be involved in the cholesterol pathway as well, but more research is needed to confirm these findings.

HDLs are among a family of lipoproteins that transport essential fats, such as

AOA EHR course now set for 31 states

The Kentucky Optometric Association, Oklahoma Association of Optometric Physicians, and South Carolina Optometric Physicians Association have joined the AOA affiliates offering the AOA Health Information Technology and Telemedicine Committee's (AOA-HITTC) Enhancing Patient Care through the Implementation of Electronic Health Records (EHRs) continuing education course.

The course will now be offered in a total of at least 31 states over the next 18 months, according to Philip Gross, O.D., AOA HITTC

chair.

The Council on Optometric Practitioner Education (COPE) this month officially notified the committee that the EHRs course meets its criteria for optometric continuing education programs.

COPE-approved courses are recognized for continuing education credit by the members of the Association of Regulatory Boards of Optometry (ARBO), which represents boards of optometry in all 50 U.S. states, four U.S. territories and jurisdictions, and two Canadian provinces.

Developed as part of the

The Commission on Paraoptometric Certification is looking for practices in the Salt Lake City, Utah, area that may be willing to host the practical examination in 2011 at Optometry's Meeting®. Criteria are located at www.aoa.org/x14415.xml. For more information, call 800-365-2219, ext. 4135.

EHR preparedness course schedule for 3 additional states

State

Kentucky

Date and contact

Saturday, September 25, 2010
Sarah Jones, director of meetings
502-875-3516 sarah@kyeyes.org

Oklahoma

Saturday, October 9, 2010
Pati Mahar
405-524-1075 pati@oaop.org

South Carolina

Date TBD
Jackie Rivers, executive director,
803-799-6721 jrivers@sceyedoctors.com

For a complete schedule, visit www.aoa.org/ehr.xml.

new AOA EHR Preparedness Program for Optometry, the course is specifically intended to help optometric practices:

- ❖ Understand the requirements for the federal American Recovery and Reinvestment Act (ARRA) incentive program, which begins Jan. 1, 2011
- ❖ Become part of the U.S. Department of Health & Human Services' (HHS) Nationwide Health

Information Network (NHIN) scheduled for launch in 2014, and

- ❖ Avoid Medicare payment penalties for practitioners who do not use EHRs, beginning in 2015.

The course offers three hours of classroom instruction by nationally recognized leaders in the application of EHR technology in optometric practices.

Demonstrations of EHR systems will be offered by

leading software vendors following the course.

The "Enhancing Patient Care through the Implementation of Electronic Health Records" (EHRs) continuing education course is supported by grants from Compulink Business Systems, EMRlogic Systems, Inc., Eyefinity/Officemate, First Insight, Marco, Practice Director, QuikEyes, RevolutionEHR, and Topcon.



Medicare independent auditor program goes nationwide

Medicare is implementing an aggressive new nationwide auditing program to crackdown on inaccurate billing.

Under the U.S. Centers for Medicare & Medicaid Services' (CMS) Recovery Audit Contractor (RAC) program, independent auditing firms (see box) – with their compensation based on the dollar amount of inaccurate

scrutinized even more carefully," said Roger Jordan, O.D., member of the AOA Federal Relations Committee.

"To minimize the possibility of a time-consuming Medicare audit, as well as ensure prompt payment of Medicare claims, practitioners should review their claim filing practices for adherence to Medicare rules and regulations," Dr. Jordan advised.

Since its inception, the

"Optometry has good record with respect to claim filing accuracy. However, all health care providers should be aware that Medicare is expanding its claim auditing program. There will be more audits and records will be scrutinized even more carefully."

billing they uncover – will now be retained in all 50 states to review Medicare claims filed by physicians and all other entities or practitioners who bill the Medicare program.

"Optometry has good record with respect to claim filing accuracy. However, all health care providers should be aware that Medicare is expanding its claim auditing program. There will be more audits and records will be

CMS has relied on a cadre of staff auditors to monitor Medicare claims for inaccuracies. However, as part of an improper billing reduction initiative authorized under the Medicare Prescription Drug, Improvement, and Modernization Act of 2003, Congress instructed the agency to investigate the use of outside auditors as a means of supplementing its in-house auditing program.

Because the independent

auditors are paid a contingency based on the dollar amount of improper payments they identify and return to the federal treasury, the audit firm tends to examine claims closely and tend to be diligent about seeing that overpayments are actually recovered, the AOA Advocacy Group says.

The CMS tested the RAC concept with a three-year (2005-2008) RAC demonstration project that was launched in California, Florida and New York and expanded to Massachusetts, South Carolina, and Arizona in its final year.

After the Congressional Budget Office determined the RAC program was producing immediate results, Congress in 2006 enacted legislation requiring it be made permanent in all 50 states by 2010, using savings from the RAC program to help offset the cost of physician pay increases authorized that year.

The RAC auditors rely primarily on computers to scan Medicare claims for billing issues, such as duplicate claims and incorrect fee schedule amounts.

RAC auditors are paid contingency fees for all overpayments and inappropriate payouts identified in Medicare Part A and Part B claims reviews.

However, under the RAC program, auditors are responsible for detecting all types of improper Medicare payments, correcting the payments by either collecting overpayments or paying back underpayments to providers.

President Obama predicts the independent audit initiative will return at least \$2 billion during its first three years as a national program, doubling the amount Medicare had expected to recover over that period.

A CMS evaluation found the three-year RAC demonstration project corrected more than \$1 billion of Medicare improper payments from 2005 through March 27, 2008.

Based on those results, the agency expects RAC to find at least \$2 billion in

Recovery Audit Contractor

Under the new Recovery Audit Contractor (RAC) program, Medicare claims will be reviewed by one of four firms retained directly by the U.S. Centers for Medicare & Medicaid Services (CMS) to provide postpayment auditing services on a regional basis as follows:

- ❖ Region A: Diversified Collection Services – Maine, New Hampshire, Vermont, Massachusetts, Maryland, New Jersey, Delaware, Pennsylvania, Rhode Island, Connecticut, New York, and Washington, D.C.
- ❖ Region B: CGI Technologies and Solutions, Inc. – Michigan, Indiana, Minnesota, Wisconsin, Illinois, Ohio, and Kentucky.
- ❖ Region C: Connolly Consulting, Inc. – Alabama, Mississippi, Georgia, South Carolina, Florida, North Carolina, Oklahoma, South Carolina, Texas, New Mexico, Virginia, and West Virginia.
- ❖ Region D: Health Data Insights, Inc. – Alaska, Arizona, California, Hawaii, Idaho, Montana, Colorado, Wyoming, Nevada, North Dakota, Oregon, South Dakota, Kansas, Nebraska, Missouri, Iowa, Utah and Washington.

Medicare billing errors during its first three years as a national program.

Roughly 96 percent of the improper payments (\$992.7 million) were overpayments collected from providers, while the remaining 4 percent (\$37.8 million) were underpayments repaid to providers.

The vast majority of payment recoveries in the demonstration project came from

hospitals rather than health care practitioner offices. Some 85 percent were collected

from inpatient hospital providers, and the other principal collections were 6 percent from inpatient rehabilitation facilities, and 4 percent from outpatient hospital providers.

Only about \$20 million – or about 2 percent – of the overpayments, was recovered by auditors from physician



AOA Vice President Dori Carlson, O.D., of North Dakota presents U.S. Rep. Earl Pomeroy (D-N.D.) with his AOA Health Care Leadership Award in Grand Forks. During the one-on-one meeting, Dr. Carlson thanked Rep. Pomeroy for his support of efforts to re-introduce ODs into the National Health Service Corps (H.R. 1884) and discussed optometry's post-health reform priorities.

Medicare conference calls explain new expanded audit program

To help providers understand the new Recovery Audit Contractor (RAC) initiative, the U.S. Centers for Medicare & Medicaid Services (CMS) is offering a series of teleconferences, the Nationwide RAC 101 Calls. Topics, dates and times for the remaining teleconferences applicable to optometrists are as follows:

- ❖ Nationwide RAC 101 Call for DMEPOS – May 5, 2010, 1 p.m. – 2:30 p.m. EST
- ❖ Nationwide RAC 101 Call for Physicians May 12, 2010, 1 p.m. – 2:30 p.m. EST

Health care practitioners can take part in either of the teleconferences by calling 877-251-0301.

Medicare revises geographic cost indexes

Physicians, who had been facing reductions in their Medicare reimbursements as a result of relatively low costs of practice and living in their areas of the county, now will not be seeing payments decreased as much as originally anticipated during 2010 and 2011, according to

around the nation are in line with local market conditions.

The legislation requires the U.S. Department of Health & Human Services (HHS) to revamp the way it calculates the GPCIs by 2012 and, in the meantime, make temporary adjustments to the indexes that will serve to stabilize payments to

graphic practice cost indexes will shore up Medicare physician payment rates in all or parts of 42 states and territories.

In most of those areas, the legislation will mean Medicare reimbursements will probably be around 2 percent or 3 percent higher than they would have been otherwise, the AOA Advocacy Group estimates.

Under the Medicare payment system, values are assigned to all covered services based on the physician work, professional liability costs, and practice expenses involved.

The HHS then develops GPCIs each year for use by Medicare carriers around the nation in adjusting those work, liability and practice expense values to more closely reflect market conditions in the payment locality.

Last month's health reform legislation would limit reimbursement reductions due to geographic adjustment by establishing or maintaining temporary floors for two of the three indexes.

The legislation will extend through the end of 2010, a floor of 1.00 for the work GPCI that had expired Dec. 31, 2009.

It also establishes a floor practice expense GPCI of 1.00 for It stipulates that during 2010 and 2011.

The 1.00 floor effectively means that in localities where costs are lower than average, Medicare payments will be based on the average national costs rather than local costs.

The HHS' Centers for Medicare & Medicaid Services (CMS) is expected to formally propose regulations on the new indexes shortly.

The CMS has not yet indicated how it will implement the adjustment for claims that have already been paid in 2010.

The AOA Advocacy Group estimates that raising the practice expense geographic practice cost indexes will shore up Medicare physician payment rates in 42 states and territories.

the AOA Advocacy Group.

In addition to authorizing major reforms of the American health care system, the federal Patient Protection and Affordable Care Act, signed March 23 by President Barack Obama, authorizes changes in the Medicare geographic practice cost indexes (GPCI) – a component in Medicare's complex-fee setting formula that is designed to ensure that the government health plan's reimbursements to health care practitioners

optometrists and other Medicare Part B providers in many areas of the nation during 2010 and 2011, according to the AOA Advocacy Group.

"The bottom line is that, for practitioners in many parts of the country, Medicare Part B payments will be a little higher than they would have been otherwise," said Jon Hymes, director of the AOA Advocacy Group.

The AOA Advocacy Group estimates that raising the practice expense geo-

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Manufacturer recalls Camolyn Eye Drops

US Oftalmi announced April 2 that it is conducting a voluntary nationwide recall of its over-the-counter eye and nasal drops. The products are packaged in 15mL plastic bottles and were distributed nationwide to food and drug distributors for retail.

For a list of the recalled product, see box at right.

The recall is being initiated due to conditions at the manufacturing facility that cannot assure the sterility of the products.

Products that are non-sterile have the potential to cause eye infections, which may be sight threatening.

Based on its investigation

to date, the manufacturer believes the likelihood of users experiencing a serious adverse reaction is remote. However, in a prepared statement, the Hallandale, Fla., company said it is "taking a conservative approach" and is conducting the recall in the best interest of its customers.

The recall is being made with the knowledge of the Food and Drug Administration (FDA).

No adverse effects, illness or injuries have been reported to date. Any adverse reactions associated with the use of the products may also be reported to the FDA's MedWatch Program by fax at 1-800-FDA-0178, by mail at MedWatch,

FDA, 5600 Fishers Lane, Rockville, MD 20852-9787, or on the MedWatch Web site at www.fda.gov/medwatch.

The company has ceased the production, importation and distribution of the products until further notice. Consumers who may have any of these products on hand are advised to discard them immediately. Consumers with questions may call US Oftalmi at 954-338-6891 Monday through Friday 8 a.m. to 4:30 p.m. EST.

"The company is committed to taking all necessary measures to remedy these production issues, and protect the trust physicians and patients place in our products," said

Corrado Ruscica, president. "Products have been used safely since their introduction in 2004 and are supported by our 30-year heritage of meeting

high safety and efficacy standards. US Oftalmi Corporation remain committed to product quality, integrity, and customer satisfaction."

PRODUCT	LOT#	EXPIRATION DATE	UPC
CAMOLYN	049036	05/2011	591196
HOMEOPATHIC	087934	08/2009	00446
CAMOLYN PLUS, NAPHAZOLINE + CHAMOMILE 15 mL	037691	03/2010	66482
	097420	10/2010	00018
CAMOLYN REFRESH 15 mL	116636	11/2009	66482
	107610	11/2010	00020
CAMOLYN-A, NAPHAZOLINE + PHENIRAMINE 15 mL	057063	05/2009	
	058962	04/2010	66482
	106606	10/2008	00019
	099487	09/2011	
FISIOLIN NASAL DROPS SODIUM CHLORIDE PEDIATRIC USES 15 mL	028659	03/2011	591196
			00375

Products included in the recall

AOA president points to health care overhaul victories, outlines next steps

More than 16 months after a far-reaching overhaul of the nation's health care system became the top domestic policy priority in Washington, D.C., the AOA – through the determined work of concerned doctors and students from across the country – has won a historic patient access victory for the profession in the national health care battle.

Included in the more than 2,000-page Patient Protection and Affordable Care Act — the health overhaul legislation signed into law by President Obama on March 23—is a landmark provision sponsored by Sen. Tom Harkin (D-Iowa) that is designed to outlaw discrimination against optometrists and other providers by health plans, including self-insured ERISA plans.

"The approval of the Harkin Amendment is a tremendous victory for optometry and will likely prove to be one of the most historic advances in patient access to optometric care since the 1986

recognition of optometrists as physicians under Medicare," said AOA President Randolph E. Brooks, O.D.

"Even in 2010, many of

to optometric care, which the AOA has outlined for members at: <http://www.aoa.org/documents/HCR-Outline.pdf>.

The AOA has also pre-

in fighting and winning key battle to expand access to care," said Dr. Brooks.

"Up against the insurance industry, organized medicine

and hear directly from AOA leaders as they describe the impact of the new health reform law on patients and providers.

"Rather than the end of the national health care reform battle, this marks the beginning of a new phase in which the federal government and every state government will begin to take steps to implement the provisions of this sweeping legislation, Dr. Brooks noted. "Optometry will need to continue to be fully engaged in the implementation process – both at the federal level and in the states – in order to solidify patient access gains, address deficiencies and continue the fight for full recognition and fair treatment for ODs, he added.

For more information on the new health overhaul law or to join AOA Advocacy as a Federal Keyperson or AOA-PAC Investor, contact the AOA Washington office at 800-365-2219 or ImpactWashingtonDC@aoa.org.

"The approval of the Harkin Amendment is a tremendous victory for optometry and will likely prove to be one of the most historic advances in patient access to optometric care since the 1986 recognition of optometrists as physicians under Medicare."

these plans maintain an outdated view of us and the care we provide for our patients. Today, with the help of pro-access leaders in Congress like Sen. Harkin, they will have no choice but to view us as we are: America's frontline providers of eye health and vision care."

The new health care overhaul law includes a number of other significant advances and important AOA-backed provisions aimed expanding access

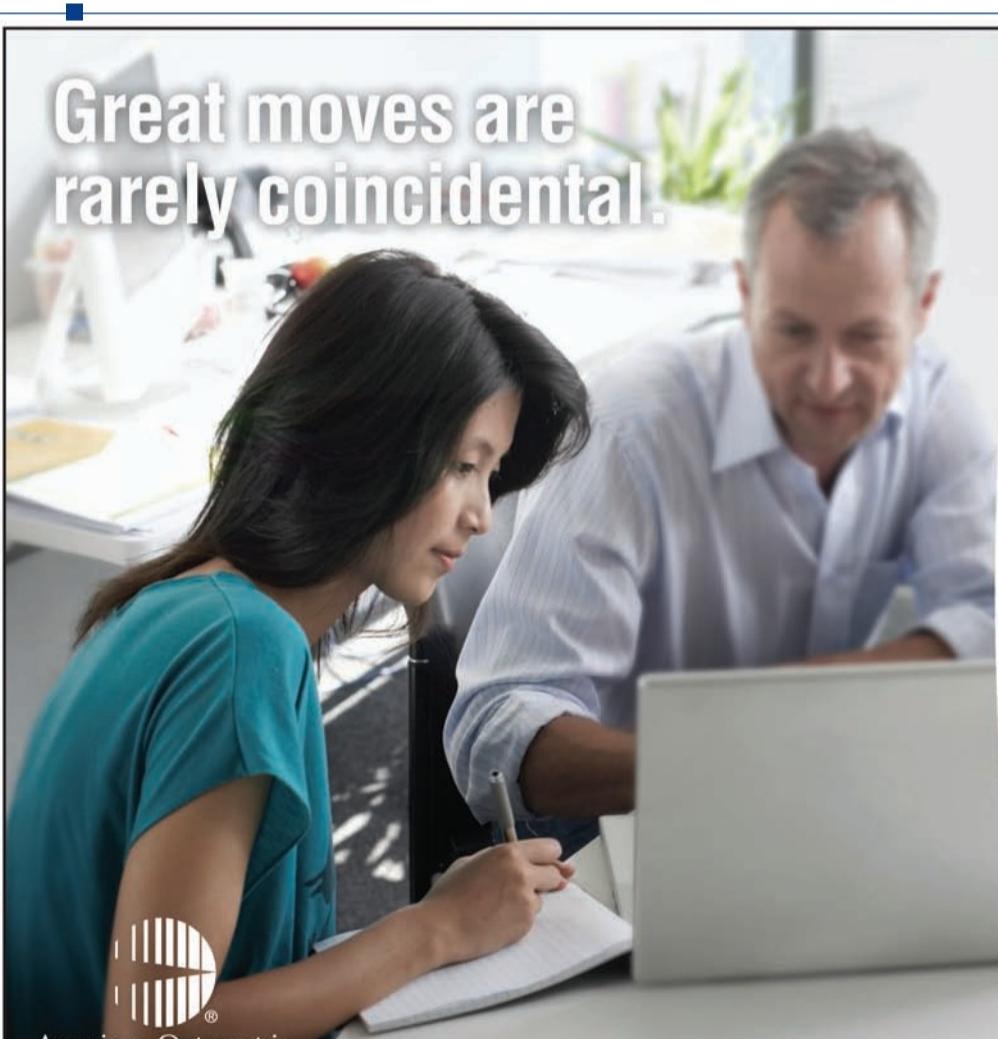
pared a frequently asked questions page — including a timeline of when specific changes take effect and how they might impact your patients and practice — for members to review at: <http://www.aoa.org/documents/faqs.pdf>.

"Regardless of how we may feel personally about the massive bill Congress approved and the president has signed into law, we can be very proud of the AOA's role

and other deep-pocketed special interests with an anti-optometry agenda — who if given the chance would have sought to erect new barriers between our patients and us — we have prevailed, Dr. Brooks added. "Now we stand on the brink of a new era in our dealings with health plans."

AOA members are also encouraged to visit the AOA's YouTube channel at: <http://www.youtube.com/user/aoawe> b to watch a powerful video

Great moves are rarely coincidental.



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Presidential celebration to feature funny men

The 2010 Presidential Celebration will feature funny men Frank Caliendo and John



As a comedian, impersonator and impressionist, Frank Caliendo is known for his live stand-up comedy act and uncanny voice and physical impersonations.

Pinette thanks to the generous support of HOYA.

As a comedian, impersonator and impressionist,

Caliendo is known for his live stand-up comedy act and uncanny voice and physical impersonations. He's especially known for his impressions of George Bush and football expert John Madden. Caliendo was a cast member of MADtv and is currently a member of the FOX NFL

Sunday Pregame show. Caliendo has his own new sketch comedy show, titled "Frank TV," on TBS.

Also appearing with Caliendo is Pinette, who was named Stand-Up Comedian of the Year by the American Comedy Awards in 1999 and has received a Gemini Award nomination for his televised performance at The Montreal Comedy Festival in 2000.

Pinette got his big break when he was asked to tour with Frank Sinatra.

Since then he has become a regular guest on "The Tonight Show" and "The View."

Pinette was featured in the movie "Duets," starring Gwenyth Paltrow, "Dear God," starring Greg Kinnear, and "Junior," starring Arnold Schwarzenegger.

He was a regular on the hit series "Parker Lewis Can't Lose," and starred as the car-jacking victim in the

final episode of "Seinfeld."

Pinette's comedy CDs "Show Me the Buffet" and "I Say 'Nay Nay'" have been very successful.

His latest project is "I'm Starvin'!"

Following the performances of Caliendo and Pinette will be a private laser show and dessert

reception in

the atrium of the Gaylord

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Register for function 0380 to receive a ticket to attend this exciting event!

Visit www.optometrys-



John Pinette

meeting.org for more information.

The online registration deadline is May 18.

After that time, on-site registration is required.

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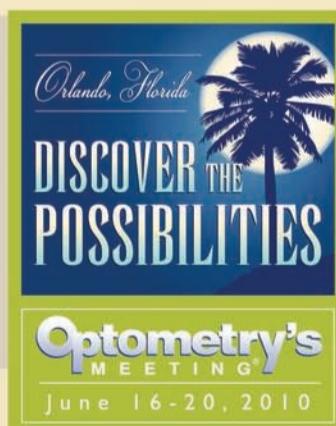
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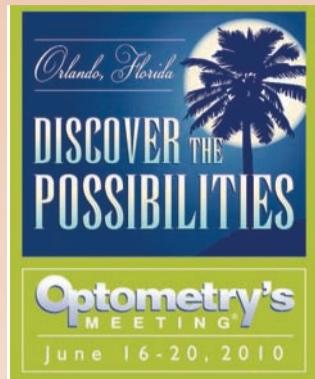
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Gov. signs W.Va. law that eases path to scope expansion

With research producing eye and vision care innovations at a quickening pace, new revisions to West Virginia's regulatory system for optometrists could help make eye care advances more quickly available to patients across the Mountain State, according to the West Virginia Optometric Association (WVOA).

Legislation signed March 29 by Gov. Joe Manchin, III, (D) gives the West Virginia Board of Optometry (WVBO) the power to promulgate rules to include within the practice of optometry – pending approval through a legislative review process – any eye or vision care procedure taught in at least half of the accredited schools and colleges.

That effectively means as new eye and vision care techniques are included in optometry school curricula, the board will be able to expediently to ensure they are included in the optometric scope of practice.

Under West Virginia's

new law, the optometry board has authority to initiate scope-of-practice changes, including the use of injectables for purposes other than the treatment of anaphylaxis, in the state optometry law through a legislative rule-making process provided

care innovation: drug-dispensing contact lenses, which are expected to be introduced in the United States in the coming months.

The revised law also serves to clarify that optometrists can perform minor surgical procedures

The new West Virginia law gives the state optometry board power to add new drugs to the optometric formulary without going through the legislative rulemaking procedures.

those procedures are taught in at least 50 percent of the nation's accredited optometry programs.

The new West Virginia law gives the state optometry board power to add new drugs to the optometric formulary without going through the legislative rule-making procedures.

It also specifically authorizes state optometrists to prescribe one new eye

such as foreign body removal, the treatment of concretions, and the ordering of diagnostic lab or imaging tests. It also codifies in law the "two doors" tradition, requiring optometric offices have a door with immediate access to a street, hallway or corridor – separate and distinct from the entrance to any optical company with which the practitioners might be associated.

Oregon mourns loss of Schumacher

The AOA and the Oregon Optometric Physicians Association (OOPA) are mourning the loss of OOPA Executive Director Wayne Schumacher. Schumacher died after a battle with cancer.

"Wayne Schumacher was instrumental in making the Oregon Optometric Physicians Association the successful affiliate that it is today, as a membership service organization, as a business, and as a respected and recognizable association in our state legislature," said Darrin Fleming, O.D., OOPA president. "He has taken our association to levels that no one thought possible. He was tireless in his efforts and sincerely dedicated and loyal to

the profession of optometry, and our members. Most importantly, Wayne will be sorely missed as a dear friend by all of us who knew him."

Schumacher was a registered health underwriter and studied business administration at Portland State University and health care administration at Concordia University.

Schumacher had an extensive background in the health insurance industry, serving as president of an employee benefits insurance agency, as a marketing director of PacifiCare of Oregon, past executive director of Optometric Service Organization (OSO), and as a former CEO of Eye Health Partners, LLC, a statewide

managed organization consisting of both optometry and ophthalmology.

Prior to assuming the position of executive director of the OOPA, Schumacher served as HMO and third-party payer consultant to the OOPA and other provider organizations.

For the more than 10 years, he was the primary administrator of the OOPA's business affairs.

His duties included oversight of staff, financial management of OOPA's assets, membership services, and oversight of the association's Annual Convention and Membership Meetings, and the annual Third Party and Practice Management



Schumacher cuddles with a kitten he found on the side of the road on one of his many rides.

see Schumacher, page 18

'Ask the Codeheads' Which is better: one or two?

Edited by Chuck Brownlow, O.D., AOA
CodingToday and Medical Records
consultant

Optometrists have been asking that question of patients for decades, usually while doing key sections of the process known as refraction.

The question can also refer to refraction in a different light, however—one that's been ignored by too many insurers and optometrists for nearly 20 years. Should refraction be considered a part of an eye care office visit or should it be billed separately?

The answers provided by patients during the refraction are often not so clear. Patients may respond, "I don't see any numbers...I only see letters!" Or, they may calmly state, "Can you go back and show me the same choices I had during my exam two years ago? I think I liked those better."

When it comes to correct choices of codes to report eye care services, however, the answer is very clear. Current Procedural Terminology (CPT, © American Medical Association) changed the definition for the comprehensive ophthalmological service (92004/92014) in 1992 (18 years ago) to make it very clear that refraction is not among the requirements of that service.

About a year later, CPT provided a separate code for refraction, 92015. Since that time, providers and payers who respect CPT have expected refraction to be billed each time it is done, in addition to the office visit.

This is logical because CPT is the only national authority with respect to health care services, their definitions and the codes that represent those services;

This was very good news for doctors and payers in 1992, as there had long been confusion as to whether reporting the office visit to an insurer included the refraction.

This is an important consideration, since refraction has never been a covered service in Medicare or in most major medical insurers.

Prior to 1992, doctors were required to indicate on a Medicare claim whether the visit included a refraction.

If they did not make it clear on the claim, Medicare carriers would assume the visit included refraction and therefore reduce the payment for the visit by 20 to 25 percent.

The change in the CPT definition and

the change in policy within Medicare and most medical insurers should have ended the confusion.

By requiring doctors to bill for the visit only, it was expected that they would bill the patient directly for the refraction, as they do for other services that are not covered.

It is clear that the confusion continues even now, among some doctors and some insurers, 18 years after the definitions and policies changed.

Some insurers continue to reimburse doctors for office visits as if the office visit includes refraction and do not permit doctors to bill separately for refraction.

It is also clear that a significant number of optometrists still don't consider refraction to be a separate service and therefore continue to 'bundle' it with the office visit.

Doing so indicates that they either don't understand the CPT definitions or are being inappropriately influenced by insurance companies.

In either case, it is a departure from the CPT definitions and should be discontinued.

Irrespective of the reasons for inaccurate use of CPT codes for office visits and refraction, the key is to correct such errors. This starts with the doctors, of course. It's time for all optometrists to take action:

- ❖ First, review in-office billing protocols to be sure refraction is billed whenever it is provided, in addition to the office visit, using the CPT code 92015.
- ❖ Second, review all insurance contracts currently in force to determine whether the contracts are respecting the CPT definitions for office visits and refraction.
- ❖ Third, contact any insurers who are bundling refraction with office visits and urge them to "snap into the '90s" and honor CPT definitions with respect to all health care services, including refraction.

In all likelihood, if all optometrists would have done these three simple things 18 years ago, this would not be an issue in 2010.

It is time to reverse this scenario. It is the doctors and the national authorities, like CPT, who should be setting billing protocol.

CPT is unlikely to take action to correct violations, so it is up to the doctors to take action.

Which is better, one or two? It's time for each optometrist to acknowledge that the answer is "two" and act accordingly.

Medicare,

from page 1

acted to reverse the cuts in order to help ensure ODs receive full payment for claims. As of press time, the CMS had started to pay claims from April 1 at the lower fee schedule amount. However, the Medicare agency indicated that it was committed to reprocess payments at the higher amount after congressional action to override the cut.

The CMS also announced that it expects to automatically reprocess claims paid and pay doctors the difference unless the doctor submitted the claim with a fee lower than the new fee schedule amount. In the latter case, a doctor might have to resubmit the claim after receiving the initial lower payment from Medicare to get the full payment allowed by Congress.

To keep up to date on the latest developments, make sure to visit the AOA's blog at <http://www.newsfromaoa.org>.

If able to wait, members would get fully paid one time without having to wait for reprocessing or even to resubmit claims and avoid the accounting difficulties that those steps could create. However, the AOA is aware that some practices might need the Medicare cash flow immediately. The AOA also expects the CMS and the Office of the Inspector General for the U.S. Department of Health & Human Services to issue a temporary reprieve from usual patient coinsurance collection requirements.

Doctors who collected coinsurance payments this month based on the lower fee

schedule amount will most likely not be required to (but could voluntarily) go back to patients to collect additional coinsurance payments on the difference with the higher Medicare payment approved by Congress today. The reprieve would match Medicare policies in previous years when fee schedules were adjusted retroactively. While the latest action averts an immediate cut, the AOA continues to pressure lawmakers to put an end to the uncertainty facing patients and providers by enacting lasting and equitable reform.

Concerned doctors and students are encouraged to join the fight by using the AOA's Online Legislative Action Center to contact their elected officials directly and urged them to prevent impending cuts as well as advocate for long-term reform.

Originally, the Medicare physician fee schedule was set to have been cut 21 percent on Jan. 1, 2010, as part of a reduction mandated by the current Medicare payment formula, but Congress acted late last year to freeze payment rates at 2009 levels through Feb. 28, 2010.

Congress then acted again - just as hundreds of ODs and students stormed Capitol Hill as part of a massive grassroots advocacy push - to extend the freeze through March 31, 2010.

For more information on this issue and how to join the AOA's efforts on Capitol Hill, contact the AOA Washington Office directly at ImpactWashingtonDC@aoa.org.

Medicare claims to pay at higher rate

The CMS asserts that physician payments are now being paid at the correct, higher amount authorized by Congress earlier this month when it extended a 0 percent fee schedule update until May 31. Thus, the AOA believes members may submit their Medicare claims for services provided in April and expect to be paid properly without needing to resubmit or reprocess claims later. Members who previously submitted Medicare claims for services provided in April should also receive full payment but will want to check their remittance advice to confirm that the payments were not cut 21 percent in the period before Congress acted on April 15.

AOA Foundation announces 2010 scholarship grant recipients

The AOA Foundation sponsors an annual essay contest for two separate and distinct national scholarship programs.

Galina Grant

Jeremy Dell from Southern College of Optometry was selected for the \$2,500 Dr. Seymour Galina Grant.

This scholarship fund, one of the earliest endowed gifts to The AOA Foundation, was established through a bequest from the late Seymour



Jeremy Dell

Galina, O.D., a longtime AOA member.

The AOA Foundation invested the original gift and now uses the earnings to fund the \$2,500 Dr. Seymour Galina Scholarship Grant in perpetuity.

InfantSEE® Scholarship Grant

Laura Lossing from The Ohio State University College of Optometry was chosen as the national winner for the InfantSEE® Scholarship Grant.

Lossing will be awarded \$5,000, and the runner up, Jennifer Hodgen from Southern California College of Optometry, will receive \$2,500.

The InfantSEE® Scholarship Grant was created by Vision West, Inc. (VWI), a leading national ophthalmic product buying group to promote InfantSEE®, a no-cost public health program of The AOA Foundation, developed



Laura Lossing

to provide professional eye care for infants nationwide.

"We are pleased that through these scholarships, The AOA Foundation can help students concentrate more on completing their optometric education than on their school debt," said Martha Rosemore Greenberg, O.D., president of The AOA Foundation. "We are grateful to the Galina Family and Vision West, Inc. for making these scholarships available."

"The mission statement of InfantSEE® is the key to why Vision West, Inc. created and continues to support the InfantSEE® Scholarship

Grant," said Joseph C. Mallinger, O.D., president and CEO of Vision West, Inc.

"Our hope is that through this scholarship, students will become more aware of this InfantSEE® program and soon become ambassadors of the program as they graduate and enter practices of their own."

Each accredited school or college of optometry was invited to submit one nominee for each scholarship topic.

The submissions were evaluated and grant recipients

were chosen by The AOA Foundation's Endowment Fund Advisory Committee.



Jennifer Hodgen

Donor spotlight: TVCI

The InfantSEE® program is a grateful recipient of the generous and on-going financial support of its founding partner The Vision Care Institute™, a Johnson & Johnson company.

Prior to the program's launch in 2005, The Vision Care Institute™ helped guide the AOA through the early phases of development and preparation for the national launch. The unique partnership continued when the program's administration was later transferred to Optometry's Charity™ - The AOA Foundation.

In just over five years, The Vision Care Institute™ has contributed nearly \$3 million to InfantSEE® and the cause of

raising awareness about the importance of a lifetime of eye health and clear vision.

The 2009 federal appropriation that was awarded to InfantSEE® and was used to implement the InfantSEE® Week model opened doors for InfantSEE® as well as for optometry.

Through the pilot project, new methods for reaching out to families were tested, and the successful approaches have been incorporated into the day-to-day operations of InfantSEE®.

None of this would have been possible without the visionary leadership at The Vision Care Institute™, nor without its generous and enduring support.

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For more information - www.optometrysccharity.org

Please pass the rolls



Blindfolds were required dress for AOA members who attended a special luncheon hosted by Beta Sigma Kappa at the 50th Annual Congress of the American Optometric Association in Atlantic City, 1947. The fraternity's president, Dr. Harry E. Pine, hoped the dining experience would build a greater appreciation for eyesight, a greater understanding of vision loss, and a greater determination to "fulfill our duties as optometrists." Photo courtesy of the collection of the Archives & Museum, Optometry's Charity™ - The AOA Foundation.



FROM THE AOA

New education module on 'Fitting Soft Toric Contact Lenses' now available

Maybe it's because they can boast immediate and long term comfort for the patient.

Maybe it's because they provide excellent vision for the wearer.

Whatever the reason, soft contact lenses are the most prescribed contact lenses in the United States.

Soft contact lenses are an excellent choice for the myopic and hyperopic patient.

But what about patients with astigmatism? Can they also enjoy the benefits of a soft contact lens? Of course they can.

Soft toric contact lenses provide excellent vision and comfort; and today's soft toric contact lenses are very easy to fit and are stable on-eye.

But even with this, they are not used as often as they should or could be.

Find out more about "Fitting Soft Toric Contact Lenses," brought to you by an education grant from SpecialEYES, and let the AOA Paraoptometric Section help to take away some of the mystery.

The "Fitting Soft Toric Contact Lenses" Education Module covers:

- ❖ Who are soft toric lens candidates
- ❖ Challenging soft toric lens candidates
- ❖ Methods of soft toric lens stabilization
- ❖ Soft toric lens fitting
- ❖ Soft toric lens power determination
- ❖ Dispensing soft toric lens to ensure patient success
- ❖ Troubleshooting the lens power
- ❖ Soft toric lens follow-up

Continuing education (CE) allows the paraoptometric to stay current within the eye care field and is especially important in the study of direct patient care and office competency.

Additionally, certified paraoptometrists must obtain 18 hours of CE credit from approved education providers to maintain certification designation.

The modules have been designed in an easy-to-use automated, audio Power Point format, perfect for at-home study.

The modules are also great for educational offerings during staff meetings in the practice.

Staff can watch and listen to the lecture portion of the course and then download the CE exam for individual use.

With the successful completion of the examination, members may receive one hour of CE credit per module.

The cost of each module is \$45 for AOA PS member/ \$50 OD member/ \$60 for non-member, in addition to a usage fee for the actual CE exam.

For information on the modules currently available or on authoring a module, contact the Paraoptometric Section at PS@aoa.org.

AOA insurance launches new Web site, hotline

The new AOA Insurance Alliance is officially up and running.

The AOA's partnership with Lockton Affinity and ProAssurance to provide member professional liability and business owners coverage debuted April 15 with the unveiling of the Insurance Alliance Web site at www.aoainsurancealliance.com and an insurance hotline at 888-343-1998.

While members wanting to receive a coverage offer may contact the Alliance at

any time, coverage will not start until July 1, 2010, when the current Marsh agreement expires.

Insurance Committee Chair Joel Byars, O.D., emphasized that current AOA policyholders should receive an offer from Lockton approximately 90 days in advance of their next renewal date after July 1.

He also encouraged members with coverage through other programs or brokers to check out the new AOA product.

"This is the only liability

plan created by optometrist for optometrists, with optometrists actively involved in all phases of the plan," Dr. Byars said. "We are confident that it will set the standard for coverage, value and support for the profession."

Lockton and ProAssurance representatives will be at the AOA booth at Optometry's Meeting® and will also take part in the Insurance Committee's seminar "Protect Your Practice, Plan Your Future" in the exhibit hall theatre on Saturday, June 19.

Nutrition materials available

The AOA announces new materials for you and your patients on ocular nutrition information. The first new brochure, "Ocular Supplement Resources," provides a comprehensive list of the growing number of nutritional supplements containing FloraGLO® Lutein and other important eye-friendly nutrients. An easy-to-read 8 1/2" x 11" format, this patient education piece also details food sources of these key nutrients. It is made possible by a generous educational grant from Kemin Health, L.C.

Because consumers are becoming more and more interested in nutrition and eye health information, we encourage you to have a dialogue with your patients about the growing body of evidence supporting nutrients' role in maintaining healthy eyes.

Ocular Supplement Flyers are available in padded sheets of 50. Send your request to publicrelations@aoa.org and specify item NG-2; include your name, AOA member number, practice name, and street address for shipping. Members may also log on to www.aoa.org and download a .pdf version for reproduction. ODs also have the option of ordering a personalized supply from the AOA Online Store; order item NG-2. Cost per 100 with imprint is \$28. Also new this year is a Spanish-language version of the popular "Recommended Nutrients for Healthy Eyes" patient education tear pads. This piece, along with the English version, is available free of charge, padded in sheets of 50; to request a supply for your office, send an e-mail to publicrelations@aoa.org.

'Career Day' speakers' job made easier...

The AOA Paraoptometric Section now offers tools to aid speakers with paraoptometric "career day" presentations at local high schools or community events. "Envision a Future in Paraoptometry" is a PowerPoint presentation with audio that includes topics such as:

- ❖ Who are paraoptometrists?
- ❖ What does a paraoptometric do?
- ❖ How to receive training and certification?

The AOA Paraoptometric Section also offers a brochure, "Find Your Future in Paraoptometry," to extend information about careers in paraoptometry.

To request a complimentary copy of the presentation or brochures, contact the Paraoptometric Section at PS@aoa.org.





SPOTLIGHT ON AOA MEMBERS

Wash. OD assists indigents in Phillipines

The EyeCare WeCare Foundation provided 1,769 indigents of Bago City in the Province of Negros Occidental, Philippines, free eye examinations and eyeglasses on a recent medical-vision mission.

tered and their case histories are taken.

They are pretested using an autorefractor in order to determine the recipients' refractive status. A digital tonometer is used to determine the pressure of their eyes for glaucoma screening

*"It is very addictive," Dr. Weyrich said.
"The more that we do, the more we want to do."*

On board the EyeCare WeCare's mobile clinic were the foundation's president-founder James H. Weyrich, O.D., his wife Ellen and 23 well-trained Filipino volunteers.

They traveled to 10 different locations all over the province in nine days. The mission went from Jan. 4 to Jan. 14, 2010.

When the mobile clinic, a converted 40-foot bus, arrives at a venue, the pre-screened patients are regis-

and blood pressure readings are taken to determine medical problems that may affect their vision.

Dr. Weyrich then determines the health of the eyes to evaluate if they need cataract surgery referrals or eye medications and to determine their eyeglasses prescription.

The next step is to proceed to the makeshift eyeglasses dispensary and receive their eyeglasses.

The foundation carries

more than 50,000 pairs of recycled graded eyeglasses. They are all arranged in order of power and can usually be found in just a few minutes. Nearly everyone who receives eyeglasses gets a pair either with their prescription or one that is very close.

EyeCare WeCare Foundation has conducted medical vision missions twice a year in the Philippines since 2005.

To date, the foundation has provided 11,088 disadvantaged rural poor people with eyeglasses.

Aside from the free eye exams and eyeglasses, they also provide eye medications for those who had medical problems. Those with cataracts or pterygiums are referred to the foundation's partner, Resources for the Blind, a Christian, Philippine-based foundation that performs surgeries free for indigents.

The foundation also educates the beneficiaries by counseling them on how to take care of their vision and provides them with reading materials about different eye conditions.

The Philippines have 7,107 islands with almost 900 of them inhabited. The mobile clinic is so important because it can be ferried to most of the islands and then driven to the remote areas to serve the poorest of the poor.

One patient in her early 40s, Helen Tambanillo, had been suffering from an extreme case of nearsightedness all her life. She could just see light and dark. Last year she heard about EyeCare WeCare Foundation, and she tried to visit the foundation's office in Barangay Maa, Bago City.

However, she never got to see the team. Because of her eye defect, she crossed the road without seeing a motorcycle that was heading her way. She was struck by the motorcycle, and the accident caused her injuries for

Helen came to the clinic claiming to never remember being able to see and received new eye-glasses, which were a minus 18-diopter correction.



Editor's note

AOA News is highlighting the admirable charitable work and exceptional patient care that distinguishes members of the American Optometric Association. Got a story to share? Drop a line to TLOverton@aoa.org.

es and saw the clear world around her, she jumped up and screamed, "I can now see well! I can now see well!" She refused to let go of the trial lenses until she was assured that she would be able to receive a regular pair with the same prescription from the dispensary outside the bus. "To make sure that she always sees well, we gave her two pairs," Ellen said.

See Weyrich, page 18



Gladys, a fourth grader who couldn't read the big E on the chart standing only two feet in front of it, came back in tears to hug and thank Dr. Weyrich after receiving her glasses of -9.50 power in each eye.

which she was hospitalized.

This year, Helen finally got to see the team when it visited her home village, Barangay Tabunan, in early January.

"Although she came late, we accommodated her ahead of the others when we learned she was the one who got struck while seeking us out," said Ellen Weyrich, who assists patients in their mobile clinic.

When Helen looked through the doctor's trial lens-



Joel, a 12-year-old from Barangay Pacol, came in with his mother. He had a total corneal scar on his right eye with no vision and stated that he couldn't see the board with his left eye. He could see at near, but had to hold things near his nose. He had never had an eye exam before Dr. Weyrich determined that he needed a -6.25 -4.50 X 95 prescription for his left eye.

Weyrich

from page 17

Helen told her, "I don't know how to express my appreciation to you for making me able to finally see the faces of the members of my family and the world around me."

While the foundation, like many other foundations, has been tremendously affected by the economic slowdown, it has sustained its commitment with some corporate help.

Transitions® Healthy Sight for Life Fund provided funding to install new heavy-duty springs that raised the bus about seven inches. Now the bus can clear large rocks and ruts that it could not before. It can also now be loaded and unloaded on the ferryboats without bottoming out. The grant also was used to make mechanical repairs to the bus.

Wal-Mart Optical donated a Woodlyn Phoropter, which was a great help for this last medical mission.

Bausch + Lomb and Alcon donated eye medications and cataract surgery supplies.

The foundation has also received help from several Indian casinos in Washington state: the Nisqually Indian Tribe, the Muckleshoot Indian Tribe, and the Quinault Indian Nation.

Different Lions Clubs have also financially supported the efforts of the foundation and also provided many of the recycled eyeglasses.

Dr. Weyrich said he is encouraged by the growing interest in and credibility of his organization. He said that in January it was rated online as No. 17 among humanitarian foundations in the world.

To cut down on expenses, Dr. Weyrich is hoping that local shipping lines will agree to ferry its mobile clinic at minimal or no cost. Some crossings cost as much as \$500 in U.S. funds.

The foundation is 100 percent voluntary, so when the cost is more to ferry the mobile clinic than it does for



This little girl was born with an undeveloped left eye and a cleft palate. Her fingers and toes were grown together, and her teeth were not developed correctly. She also had limited vision with her good eye. Dr. Weyrich determined that with prescription eyeglasses her right eye could be corrected to 20/25.

an entire mission, the foundation has to limit its travel to other islands because of the transportation costs.

Dr. Weyrich expresses hope that Eyecare WeCare will continue to get more corporate support so that it can continue to expand and help more needy people.

"It is very addictive," Dr. Weyrich said. "The more that we do, the more we want to do."

Aside from Negros Occidental, Dr. Weyrich and his volunteer staff have been to Panay Island and served the Province of Iloilo.

In May, the foundation will ferry the mobile clinic to the Luzon and will be setting up a clinic in Pampanga, near Manila. Pampanga was one of

the provinces that was destroyed by three consecutive typhoons in October last year.

Eyecare WeCare Foundation is based in Montesano, Wash.

Dr. Weyrich is a past president of the Washington Optometric Association and was named Optometrist of the Year by the WOA in 1978. He served on the National Advisory Council of Migrant Health under President Ford and President Carter and served on the National Advisory Council of the National Health Service Corps under President Reagan.

He is currently practicing optometry in Aberdeen, Wash., at the Wal-Mart Vision Center.

Schumacher,

from page 13

Seminars.

Schumacher served for two years on the AOA Affiliate Advisory Committee and was appointed to the AOA Leadership Cabinet Pool.

He was also a member of the International Association of Optometric Executives (IAOE) and served on the board of directors for the Oregon Society of Association Management

(OSAM) and the Oregon Health Forum.

Schumacher also had a passion for motorcycles.

In his more than 30 years of riding, he logged more than 300,000 miles.

The family requests that contributions and donations go to the Esophageal Cancer Awareness Association.

Visit www.ecaware.org for information on donating in his memory.

VA,

from page 1

gists and sub-specialty providers in the VA centers institute formal care coordination agreements to ensure that at-risk patients are appropriately referred for preventive eye care or specialty eye care services.

"This is a positive result that keeps the focus on patients and fully recognizes the essential care provided by hundreds of dedicated VA optometrists nationwide," said Jon Hymes, director of the AOA Advocacy Group. "The AOA will continue working in support of the highest

"This is a positive result that keeps the focus on patients and fully recognizes the essential care provided by hundreds of dedicated VA optometrists nationwide."

standards of care for America's veterans."

The letter specifically targets improved care for age-related macular degeneration (AMD), diabetic retinopathy and glaucoma - the three most common etiologies of permanent visual impairment and blindness among the veteran population.

It emphasizes that VA optometrists and ophthalmologists are to work "as equal partners to provide a continuum of high quality eye care services" in the treatment and management of AMD, diabetic retinopathy and glaucoma.

The information letter reminds staff that "the provision of timely and appropriate eye care is a fundamental responsibility of VHA clinicians," requiring knowledge of indications for screening as well as risk factors and clinical symptoms that would indicate a need for referral to early testing, along with an awareness of clinical practice guidelines and appropriate treatment.

The new care coordination agreements will "facilitate referral practices and to ensure seamless continuity of care."

The care coordination agreements are to be reviewed and mutually agreed upon by VA primary care, optometry and ophthalmology staff.

An Ongoing Professional Practice Evaluation peer-review process on AMD, diabetic retinopathy and glaucoma care is also recommended.

The letter also offers specific guidance for managing progressive eye conditions that can lead to vision loss, listing "descriptive points" on screening, diagnosis, and treatment.

The letter specifies that "the diagnosis of AMD, DR, and glaucoma can only be made by an eye care provider."

It also specifies that the treatment of AMD, diabetic retinopathy and glaucoma must be performed in a coordinated manner by eye care specialists.

VA practitioners are referred for guidance on AMD, diabetic retinopathy and glaucoma to the Centers for Disease Control and Prevention, NEI, VA-Department of Defense Clinical Practice Guidelines as well as the AOA Clinical Practice Guidelines and American Academy of Ophthalmology Preferred Practice Patterns.



American Optometric Association

Online Store Now Open!

Order PERSONALIZED Brochures and Fact Sheets at the AOA Online Store!

www.aoa.org

The preschool years: a time to grow. Your optometrist should also check your child's color vision and eye health. In addition, he or she should determine if your child is developing the vision skills needed for learning, such as eye coordination and tracking ability. Don't be misled by home eye tests for preschool and school age children. These are no substitute for a thorough professional examination.

They also may not be accurate in detecting eye health problems or more subtle eye conditions which are easier to detect during preschool years.

Computer use
Unless your optometrist advises otherwise, or you notice a need, your child's next professional optometric examination should be at age five. A comparison of these test results with those of the previous examination will tell you if your child's eyes are developing for that major step into the school years.

Television, computers and your preschooler's eyes
To make sure you're aware of your preschooler's eye health:

- Be sure the room has soft overall lighting.
- Position screen to avoid glare and reflections.
- View TV from a distance of about four feet or approximately 5 times the width of the screen area.
- Limit viewing time.

With today's diagnostic equipment and...

General eye protection
To protect your preschooler's eyes from injury:

- Do not allow play with fireworks, darts, gun shooters, slingshots and other dangerous toys, including those with suction cups or rubber tips. Keep your child away from other children and adults using these items.
- Teach your child not to run or throw sharp objects.
- Don't allow your child to be nearby when you are using power tools, lawn mowers or household and yard chemicals.

A final word
Your care and concern for your child's vision care can enrich his or her future, and in the same time, help develop good eye habits for a lifetime of good vision.

John C. Somebody, O.D.
Doctor of Optometry
555 Washington Ave., Suite 102
St. Louis, MO 63101
Telephone: (314) 555-1234
www.yourwebaddress.com

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General eyeglass prescription may not be adequate

Computers are usually further and higher than a typical reading task. Glasses for most people wearing bifocals are not adjusted for this new distance or angle and therefore often are not adequate for using the computer.

Repetitive and stressful tasks

Difficult tasks are challenging. Don't forget to take occasional breaks and let the eyes look far away while resting.

Tips for Healthy, Comfortable Vision at the Computer

While decreasing time spent at a computer may not be an option, there are ways to maximize healthy vision for comfort and productivity.

How to Create a Healthy Computer Use Environment

After you have had a comprehensive eye examination, there are a number of things that you can do to arrange and use the elements of your workstation to eliminate or minimize discomfort.

Workstation Setup for Comfortable Computer Use

Feet should be flat on the floor (or a slightly angled foot rest) with knees bent close to or greater than 90 degrees.

Chair seat should support the legs without excessive pressure on the back of the thighs.

The back should be snug against the seat to fit your spinal contour. Thigh-to-trunk angle should be 90 degrees or greater.

Wrists and hands should extend nearly straight from the elbow to the home row of the keyboard.

Wear glasses that are specifically designed for comfortability at the computer. The lenses you wear for day-to-day activities may not be the best for working at the computer:

- Rest your eyes

- Blink frequently

- Use a humidifier

- Install artificial tears

A commonly preferred work surface height for keyboard use is about 26° as opposed to the conventional 29° of most desks.

Place the monitor 20°-28° from your eyes, depending on the size of the monitor and individual vision conditions.

The monitor and keyboard should be straight ahead.

The top of the monitor should be slightly below horizontal eye level. Tilt the top of the monitor away from you at a 10 degrees to 20 degrees angle. The center of the monitor should be 10 degrees to 20 degrees below your eyes. This is 4'-9"

below your eyes at a distance of 24'.

Keep the monitor free of fingerprints and dust. Both can reduce clarity.

Place document holders close to the screen within the same viewing distance. Keep the keyboard and monitor in line.

Adjust the keyboard tilt angle so that wrists are straight.

Healthy Computer Use

Although the visual system faces considerable challenges when using a computer, most issues can be solved.

Remember that problems with the use of a computer can lead to physical discomfort and may rob productivity.

Heeding the suggestions made here along with those made by your doctor of optometry will enable you to use your computer comfortably and productively.

Compliments of

John C. Somebody, O.D.

Doctor of Optometry

555 Washington Ave., Suite 102

St. Louis, MO 63101

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Also Available Online... (more items coming soon)

TAKE CONTROL of Diabetic Retinopathy Today
For Healthy Vision Tomorrow

TAKE CONTROL of Glaucoma Today
for Healthy Vision Tomorrow

What is Diabetic Retinopathy?
Diabetic retinopathy is a disease caused by damage to the blood vessels in the retina of the eye. It is the leading cause of blindness in adults in the U.S.

What causes Glaucoma?
Glaucoma is a group of eye diseases that damage the optic nerve. The optic nerve carries visual information from the eye to the brain.

Symptoms: People with glaucoma often develop blurry vision without warning signs. As the disease progresses, peripheral vision is often compromised until normal vision remains.

Diagnosis: A comprehensive eye exam by your optometrist can determine if you have glaucoma.

Treatment: Early detection and treatment are key to preventing permanent vision loss.

Doctors on the Frontline of Eye and Vision Care

CODES
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2010

What You Need To Know About Diabetes, Lens Injury & Complications

What You Need To Know About Diabetes, Lens Injury & Complications

What You Need To Know About Diabetes, Lens Injury & Complications

What You Need To Know About Diabetes, Lens Injury & Complications

Be Wise About Your Eyes

How do we choose which children are okay to miss?

A child

Undiagnosed and untreated kids just when learning

A small investment in two-thirds of children

Let's help out. Please support macular

This 1/3...
this 1/3...
or this 1/3?

The National Eye Institute found that 1/3 of children with eye or vision problems are missed even in the best vision screenings.

Our society can't afford to have even one child—let alone thousands—slip through the cracks and never reach their full potential because of preventable and treatable vision problems.

American Optometric Association

Farsightedness

Common Vision Conditions

Presbyopia

Cataracts

Astigmatism

Dry Eye

Anterior Uveitis

Eye Contusion

Floaters

How to Manage Astigmatism

How to Manage Presbyopia

How to Manage Dry Eye

How to Manage Cataracts

Doctor Emergencies: What To Do

Emergency Guide to Eye Emergencies

Red Eye

Black Eye

Conjunctivitis

Eye Contusion

Anterior Uveitis

Eye浮子

OCT of the Year

DOCTOR OF OPTOMETRY

Doctors of Optometry are the primary health care professionals for the eye. Optometrists examine, diagnose, and manage diseases, injuries, and associated structures, as well as visually related systemic conditions affecting the eye.

Go to: www.aoa.org and follow the link to the AOA Online Store...

If you have an AOA member ID number, please log in with the following information:

Username: your six-digit AOA member ID

Password: your six-digit birthday (MMDDYY)

If you do not know your six-digit member number, call the AOA at (800) 365-2219 between the hours of 8 a.m. and 5:00 p.m. CT, Monday through Friday or send an email to logon@aoa.org.



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Marchon Eyewear
Optos
Pfizer Ophthalmics
Shamir
TLC Vision Corporation
Transitions Optical
VisionWeb

Industry Profile is a regular feature in AOA News allowing participants of the Ophthalmic Council™ to express themselves on issues and products they consider important to the members of the AOA.

Industry Profile: Essilor

A letter from our President...

It is always my privilege to address you on behalf of Essilor, a proud supporter of the AOA and its membership. In 2010, optometrists and the eye care industry will have many opportunities to collaborate and collectively continue to move the industry forward in innovative ways. Many of you have undoubtedly seen information on exciting new initiatives to help grow the industry and your individual practices. These programs range from a consumer vision awareness campaign to an industry-wide e-commerce initiative that adds a new dimension of service to your patient relationships.

Essilor is a proud partner of the Think About Your Eyes® Coalition, in conjunction with Luxottica and VSP Global. Through this public awareness campaign, we are reaching patients where they seek information. Through this integrated social media and advertising program, we are educating your patients about the importance of eye health, focusing on topics ranging from eye disease to children's vision and school performance to visual fatigue. For more information on how you can be a part of this industry initiative, visit www.thinkaboutyoureyes.com.

As you are well aware, online purchasing is growing, and it will likely grow from about 3 percent to 6 percent in the next year. Through several years of research, Essilor has learned that many ECPs realize that competing individually in online eyewear sales can be difficult; however, in the aggregate, with an industry partner who can invest in it, this can be and is a viable solution. We are extremely excited to offer MyOnlineOptical.com, a new advanced service from Essilor, allowing independent eye care professionals to offer e-commerce solutions to patients beyond the traditional brick and mortar. We are extremely pleased to work with the AOA on this important initiative, which paves the way for you to expand your business through the Internet marketplace. And Essilor will continue to seek your guidance and support as this initiative develops.

Finally, I am always personally excited to talk about the success of the Essilor Vision Foundation, whose mission is to eliminate poor vision and its lifelong consequences starting with children and creating and supporting activities that advance good vision and its benefits. The Foundation has completed more than 15,570 vision screenings and 3,597 fittings with the support of its many non-profit and vision industry partners since launching in 2008. This Foundation relies completely on support from its donors to provide potentially life-changing screenings, eye exams and other vision resources to children who cannot afford them otherwise. To support the Foundation's charitable works, please visit <http://essilovisionfoundation.org>.

In all areas, whether providing the most technologically-advanced lenses and lens treatments, like Varilux® and Crizal®, or creating new opportunities for you to capitalize on an emerging business channel, Essilor remains committed to empowering the eye care industry and making vision health paramount in the minds of your patients.

Let me thank you for your support of our people and our business.

Yours sincerely,
John Carrier
President, Essilor of America



Must-have Tiffany



Tiffany & Co. adds elegant new options to Tiffany Eyewear, the must-have fashion accessory. The collection's latest versions for sunwear interpret such iconic designs as Tiffany Signature™. Shown is style TF 4024. The graphic "X" symbol that defines the Tiffany Signature™ jewelry collection accents a butterfly-shape acetate frame.

Airwear goes green

Essilor of America, Inc., the nation's leading manufacturer of optical lenses, recently announced its Airwear® polycarbonate lenses are made from using environmentally conscious practices, including the use of 100 percent recycled water and packaging and re-purposing unused materials to other industries.

Essilor's responsible manufacturing initiatives include:

- ❖ Packaging: Semi-finished Airwear lenses come in 100 percent recyclable cardboard made from 100 percent recyclable wooden fibers, helping eliminate 460,000 pounds of global plastic waste every year.
- ❖ Water Consumption: 100 percent recycled water is used for the production of Airwear lenses, thereby conserving millions of gallons of water.
- ❖ Recycling Excess Material: Airwear lenses re-purpose unused materials to other industries, such as automobiles and toys.
- ❖ Donating Eyewear: In partnership with Lions Club International, Essilor will

accept old, usable glasses and donate them to those in need.

"Essilor is committed to greener manufacturing with our Airwear lenses," said Carl Bracy, vice president of marketing for Essilor of America. "As an extension of our green practices, we also want to encourage and inspire eye care professionals [ECPs] and their patients to be more responsible with easy and everyday ways to create a green routine."

As part of this commitment, Essilor invited environmentally conscious consumers to share their visions of a greener world by entering the "Lighter. Safer. Greener." contest, which launched on Oct. 1, 2009.

Patients submitted their creative ideas on how they are making the world a greener, more sustainable place for a chance to win Airwear lenses for the entire family. To date the campaign has reached more than 31.8 million consumers through more than 920 media placements, including feature stories and mentions.

For more information, visit www.Airwear.com.



INDUSTRY NEWS

Carrera launches international marketing campaign

Carrera presents its new worldwide marketing campaign: striking images, amid bright reflections and vibrant colors, which will surely attract the attention of the public all over the world.

Devised and created by MRM Worldwide Italia, the Digital Thinking Agency of McCann Worldgroup, the campaign's message is direct and effective, thanks to a clear and engaging headline: "Shine On."

The campaign encourages the public to let its inner light show through, to live life to the max and with enthusiasm, wearing Carrera frames and sunglasses.

Featuring original pho-

tography, the campaign portrays young men and women in an urban location lit up by warm light that encompasses everything it meets, underlining the dynamic and timeless spirit of the Carrera brand.

The urban location provides the ideal setting for the campaign to unfold. The campaign's super-trendy hipsters, brimming with the same youthful appeal of the frames and sunglasses they are wearing, are self-assured and exude a powerful vital energy.

Digital media channels will play an important part of the campaign, with the launch of the new Web site www.carreraworld.com and an expressive social media platform that will allow the brand

to bond with its public.

To round off the project, there are plans for ongoing high-profile special events, public relations and music product placement activities.

"We are enthusiastic about the success that Carrera is experiencing all over the world," said Roberto Vedovotto, chief executive officer of Safilo Group. "It is a strategic brand for Safilo, in which we are investing a lot and which we believe still has great growth potential. Wearing a pair of Carrera glasses means expressing your personality, without compromises, while feeling part of a large community. Being oneself but not being alone. This is why our mar-



keting campaign also has its foot on the accelerator in social network channels."

Carrera presents original and stylish creations for the coming season with a collection that has a winning blend of unmistakable style and

premium materials. The new eyewear designs are guaranteed to turn heads. The Carrera collection of optical frames and sunglasses is designed by Enzo Sopracolle and produced and distributed by the Safilo Group.

Transitions names diversity board to guide programs, tools

Transitions Optical, Inc. has formed the Transitions Diversity Advisory Board to help guide the company's multicultural initiatives and further strengthen its ability to help eye care professionals provide culturally and linguistically appropriate vision care to a diverse patient base.

The board consists of eye care professionals with expertise on the unique eye health and communication needs of growing groups – including Hispanics, blacks and Asians – as well as cultural experts for each demographic.

Throughout 2010, Transitions will work closely with board members to ensure all efforts of its multicultural initiative are culturally sensitive and appropriate. The board will also help identify new programs and tools to support eye care professionals in their efforts to provide the best possible eye care experience for all patients.

"To meet diverse patient needs, we know that diversity of thought and expertise is critical," said Manuel Solis, multicultural marketing manager, Transitions. "Our new

board allows us to take our efforts to the next level by seeking input from those who are truly immersed in a specific culture, or who provide care to culturally diverse patients on a daily basis."

"Our new board allows us to take our efforts to the next level by seeking input from those who are truly immersed in a specific culture, or who provide care to culturally diverse patients on a daily basis."

Through its multicultural initiative, Transitions offers eye care professionals staff training and education, as well as bilingual and in-language patient education and resources, to help advance the quality of eye care for all patients, regardless of race or ethnicity.

2010 members of the Transitions Diversity Advisory Board include:

❖ Allert Brown-Gort – Allert is the associate director for the Institute of Latino Studies at the University of Notre Dame. A citizen of both

the United States and Mexico, he has worked in both places on Latino, NAFTA and Latin American issues. His research interests include immigration policy and issues of national culture and psychology. He has

served as an adviser to the U.S. Senate Hispanic Task Force.

❖ Brian Chou, O.D. – Dr. Chou is a partner at Carmel Mountain Vision Care, a group optometric practice in San Diego. He has authored more than 60 eye care manuscripts, including *Spanish Terminology for the Eyecare Team* and book chapters on keratoconus, cataracts and laser vision correction.

❖ Drake McLean, optician – With more than 25 years of experience, McLean is an optician and president of

Dietz-McLean Optical Company – a seven-store retail optical chain in south central Texas that serves a large Hispanic patient base.

❖ John Nishimoto, O.D. – Dr. Nishimoto is a professor and dean of clinical affairs in the Eye Care Center at the Southern California College of Optometry, which serves many Asian and Hispanic patients. Dr. Nishimoto is a fellow of the American Academy of Optometry and served as chair of the Section on Ocular Disease.

❖ Charlotte Parniawski, R.N. – Parniawski is a cultural diversity trainer with the National Multicultural Institute, as well as a registered nurse for Bridgeport Hospital in Bridgeport, Conn. She has a vast knowledge of the Culturally and Linguistically Appropriate Services standards in health care.

❖ Kirk Smick, O.D. – Dr. Smick is chief of optometry services at Clayton Eye Center in Atlanta, where he has served a culturally diverse patient base for 36 years. Dr. Smick is a frequent lecturer in the United States and abroad and currently serves as chair of the

Continuing Education Committee for the AOA.

❖ Madeline L. Romeu, O.D. – As a Transitions optometric adviser and optometric physician in West New York, N.J., Dr. Romeu has been a key spokesperson for Transitions Optical's Hispanic-focused initiative and offers insight into cultural aspects of the Asian and Korean demographics.

❖ Renee Thomas – Thomas serves as director of the Purdue University Black Cultural Center. She has more than 20 years of experience in higher education administration, with expertise in program development, student services, community engagement and fundraising.

❖ Vincent Young, M.D. – chairman of the Division of Ophthalmology at Albert Einstein Medical Center in Philadelphia, Dr. Young brings his experience with a black patient base, as well as his knowledge of the impact of diabetes on multiple ethnic groups.

For more information about multicultural education and resources available from Transitions Optical, visit www.TransitionsPro.com.

CL wearers seek relief from spring allergy symptoms

For millions of Americans, the arrival of spring brings with it ocular allergy symptoms such as itching, tearing, and redness.

Ocular allergies affect one in every five individuals and are among the most common reasons that people consult various health care professionals for advice on possible treatment and management.

It is estimated that 50 percent of individuals with seasonal and indoor allergies also experience some degree of eye allergies.

While eye allergy symptoms are a year-round problem for many, about 67 percent of

allergy sufferers, say that spring is the time of year when eye allergy symptoms are worst, according to a recent survey conducted by the Asthma & Allergy Foundation of America (AAFA), the leading patient advocacy organization for people with asthma and allergies.

For respondents who wear contact lenses, spring is particularly frustrating as nearly half (45 percent) say that their eye-related allergy problems often prevent them from wearing their contacts, and one in 10 (12 percent) admit to having to stopped wearing their contacts because of aller-

gies. The majority of respondents report that they wear their lenses two weeks, one month or longer.

In a recent study presented at the 87th annual meeting of the American Academy of Optometry, researchers reported that only about one-third (36 percent) of wearers of contact lenses prescribed for monthly replacement said that they replaced their lenses as prescribed.

Over half (55 percent) replaced them within five weeks, 23 percent at eight weeks or more, and 14 percent at 10 weeks or more.

"As contact lenses age, they accumulate deposits that

may impact the ocular surface," explains Paul Karpecki, O.D., clinical director, Koffler Vision Group, Lexington, Ky. "Factor in the research that shows these patients are not being compliant with their wearing and replacement

reported improvement.

"Studies have shown that one-day contacts, such as 1•Day Acuvue® Moist® Brand Contact Lenses can be a healthy and more comfortable option for any lens wearer, including those with eye aller-

For respondents who wear contact lenses, spring is particularly frustrating as nearly half (45 percent) say that their eye-related allergy problems often prevent them from wearing their contacts.

schedule, and it's no surprise that many are experiencing ocular discomfort and distress. Certain care systems contain preservatives that may further exacerbate discomfort for some allergy sufferers."

According to Dr. Karpecki, the use of one-day lenses can help minimize the discomfort of the contact lens-allergy combination.

One study found that 67 percent of ocular allergy sufferers who switched to one-day lenses reported improved comfort while only 18 percent of those who simply replaced their conventional two-week daily wear soft contact lenses

gies," he explains. "By putting in a clean, fresh lens every day, one-day contacts minimize the potential for accumulation of allergens and irritants that can often accumulate with repeated use of the same pair of lenses."

To help allergy sufferers better understand and manage their condition, the AAFA offers a free educational brochure titled "Eye Health and Allergies."

The brochure, which also includes smart allergy season strategies for contact lens wearers, can be viewed or downloaded at www.aafa.org/eyeallergies.



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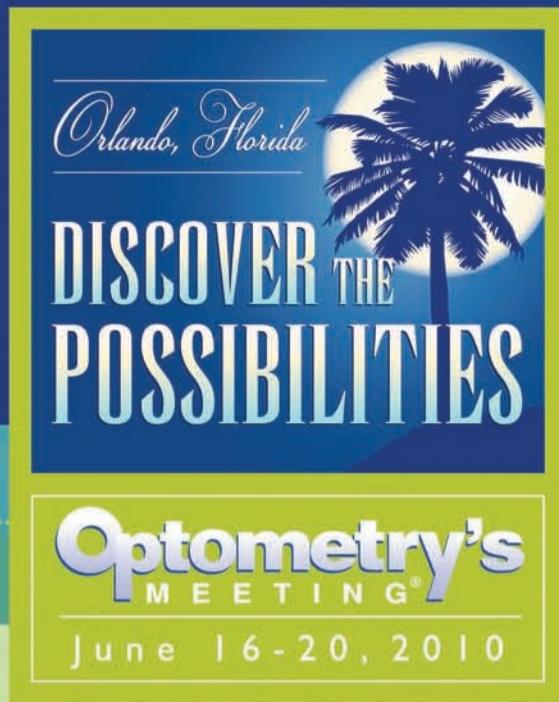
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MEETINGS

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AND VISION RESEARCH
ASSOCIATION FOR RESEARCH IN
VISION AND OPHTHALMOLOGY
May 2-6, 2010
Fort Lauderdale, Florida
Ellyn Terry
eterry@arvo.org
www.arvo.org/ctes

AOA SPORTS VISION SECTION
SPORTS VISION UNIVERSITY
May 8, 2010
The Ohio State University, College of
Optometry, Columbus, Ohio
Alisa Krewet
800/365-2219, ext. 4137
agkrewet@aoa.org
www.aoa.org/svs.xml

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Lyna Dyson, COVT
858/748-6210
visionhlp@juno.com
www.oepf.org/calendar.php

CLINICAL EYE CARE
CONFERENCE
Nova Southeastern University
College of Optometry
May 14-16, 2010
Nova Southeastern University Main
Campus, Ft. Lauderdale, Florida
954/262-4224
oceaa@nova.edu
www.optometry.nova.edu/ce/

SC OPTOMETRIC PHYSICIANS
ASSOCIATION AND THE NSU
OKLAHOMA COLLEGE OF
OPTOMETRY
LASER THERAPY FOR THE
ANTERIOR SEGMENT
May 20-22, 2010
Charleston, SC
1-877-799-6721
FAX: 803/799-1064
info@sceyedoctors.com

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ASSOCIATION
SPRING CONGRESS &
EDUCATIONAL CONFERENCE

May 21-23, 2010
Seven Springs Resort, Champion,
Pennsylvania
Ilene Sauertieg
717/233-6455
www.pdaeyes.org

OPTOMETRIC BUSINESS
MANAGEMENT SYMPOSIUM
Tennessee Optometric Association
and CIBA/Essilor's Management &
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May 22-23, 2010
Opryland Hotel, Nashville, TN
Bridget Jones
1-800-451-2438
bridge@usit.net
www.toaonline.org

CE IN ITALY
2010 CONFERENCES
May 23-25, 2010
Cinque Terre, Italy
James L. Fanelli, O.D., FAAO
910/452-7225
FAX: 910/452-7229
jamesfanelli@ceinitaly.com
www.CEinItaly.com

CE IN ITALY
2010 CONFERENCES
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Rome, Italy
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June

GEORGIA OPTOMETRIC
ASSOCIATION
GOA 106TH ANNUAL MEETING
June 3-6, 2010
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Vanessa Gross
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FAX: 770/961-9965
vanessgoa@aol.com
www.goadeyes.com

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ASSOCIATION
JUNE "SUMMER" CONFERENCE
June 4-6, 2009
Harborside Hotel & Marina, Bar
Harbor, Maine
Joann Gagne
207/626-9920
www.MaineEyeDoctors.com

UTAH OPTOMETRIC
ASSOCIATION
UOA ANNUAL CONGRESS
June 4-6, 2010
Zermatt Resort, Midway, Utah
Clive Watson
801/364-9103
uoa@xmision.com
www.utaheyedoc.org

AMERICAN OPTOMETRIC
ASSOCIATION
AOA PRACTICE TRANSITIONS

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Optometry's Meeting®, Orlando,
Florida
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314/983-4245
cmbuckingham@aoa.org
www.aoa.org/practice-transitions

WEST VIRGINIA OPTOMETRIC
ASSOCIATION MID-YEAR
MEETING

June 4-6, 2010
The Bavarian Inn, Shepherdstown,
West Virginia
Chad D. Robinson
304/720-8262
www.wvoa.com

NORTH CAROLINA STATE
OPTOMETRIC SOCIETY
ANNUAL SPRING CONGRESS
June 5-7, 2010
Myrtle Beach, South Carolina
Sue Gardner
252/237-6197
FAX: 252/237-9233
nceycare@aol.com
www.nceyes.org (March 2010)

NOVA SOUTHEASTERN UNIVERSI-
TY COLLEGE OF OPTOMETRY
SPRING DOUBLE HEADER: INTER-
DISCIPLINARY MANAGEMENT OF
THE DIABETES PATIENT AND RETI-
NA UPDATE 2010
April 10-11, 2010
Nova Southeastern University Main
Campus Ft. Lauderdale, Florida
954/262-4224
ocea@nova.edu
<http://optometry.nova.edu/ce/>

108TH ANNUAL CONVENTION
VOA MIDDLE ATLANTIC
CONTINUING EDUCATION
CONFERENCE &
PARAOPTOMETRIC EDUCATION
CONFERENCE
Virginia Optometric Association
June 11-13, 2010
Norfolk Waterside Marriott, Norfolk,
VA B. Bennett Keeney, Jr.
804/643-0309
voyaeyedocs@aol.com

OPTOMETRY ASSOCIATION OF
LOUISIANA
ANNUAL CONVENTION, PLUS
AOA EHR PROGRAM
June 11-13, 2010
Hilton Hotel, Lafayette, LA
Dr. Jim Sandefur
318-335-0675
opila@bellsouth.net

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NATIONAL OPTOMETRIC
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Melantha Nephew, O.D.
972/296-0100
[Noa.2020@yahoo.com](mailto>Noa.2020@yahoo.com)
www.nationaloptometricassociation.org

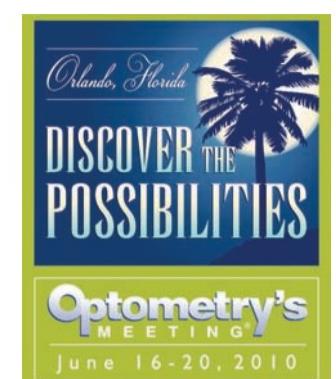
COLORADO OPTOMETRIC
ASSOCIATION AND THE
MOUNTAIN STATES CONGRESS
OF OPTOMETRY
COLORADO VISION SUMMIT
July 15-18, 2010
Steamboat Grand Hotel (doctor's
program), Sheraton Steamboat Hotel
(para program & exhibits),
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barbaraz@visioncare.org;
cvs@visioncare.org
www.visioncare.org

WISCONSIN OPTOMETRIC
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WALL-EYE CONFERENCE
July 15-19, 2010
Dogskin Lake Lodge, Manitoba,
Canada
Joleen Brenig
800/678-5357
FAX: 608/824-2205
joleenwoaoffice@tds.net
www.woa-eyes.org

IOWA OPTOMETRIC
ASSOCIATION
OKOBONI OPTOMETRIC MEETING
July 16-18, 2010
The Inn, Okoboji, Iowa
Chris Halsten

800/444-1772
FAX: 515/222-9073
chrish@iowaoptometry.org
www.iowaoptometry.org

VOA CODING FOR CURRENCY
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www.optometriccruiseseminars.com

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Jackson Hole, Wyoming
Dan J. Lex
307/637-7575
FAX: 307/638-8472
www.nrocmeeting.com

ANNUAL CONVENTION
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ASSOCIATION
July 22-25, 2010
Orlando Hilton, Orlando, FL
Kellie B Webb
800-399-2334

SACRAMENTO VALLEY
OPTOMETRIC SOCIETY
SVOS Tahoe Seminar
July 23-25, 2010
Embassy Suites Resort, South Lake
Tahoe, California
916/447-0270
jerrysue@svos.info
www.svos.info

114TH MOA SUMMER SEMINAR
MICHIGAN OPTOMETRIC
ASSOCIATION
July 30-August 1, 2010
Boyne Mountain Grand Lodge,
Boyne Falls, Michigan
Pam Steffy
517/482-0616
FAX: 517/482-1611
pam@themoa.org
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August

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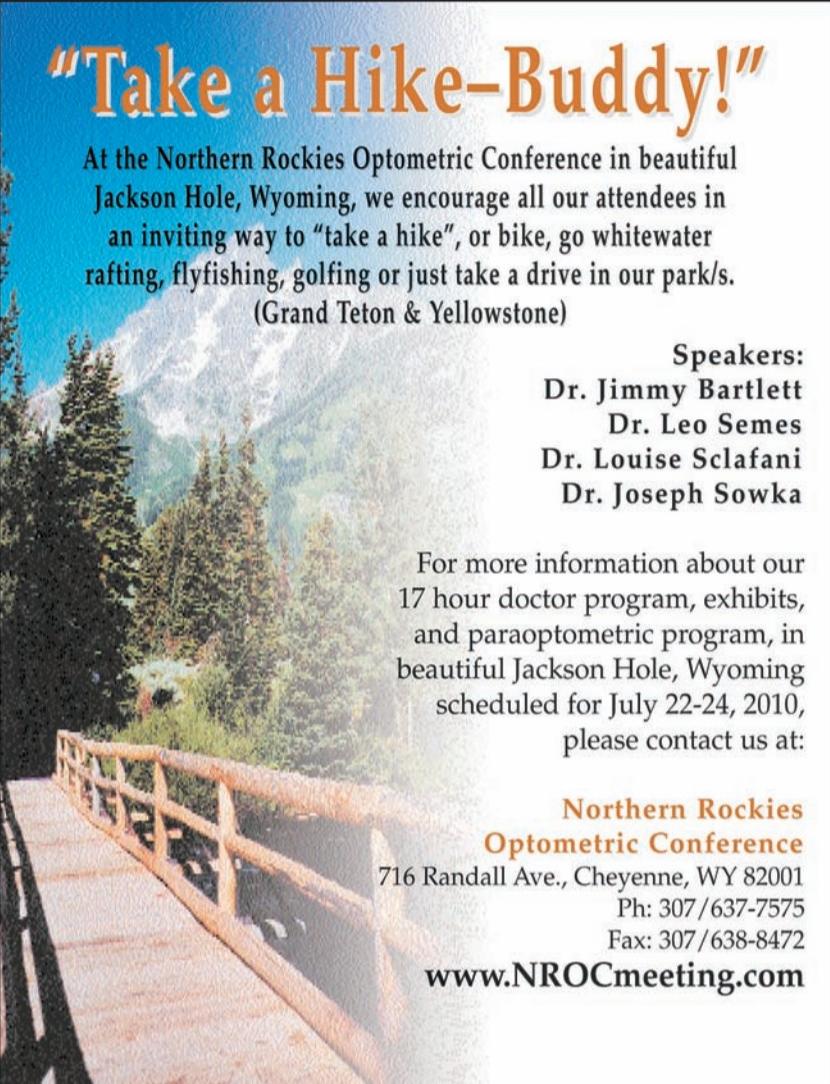
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April Jasper, O.D., F.A.A.O.	2 hours CE/EMR
Kim Reed, O.D., F.A.A.O.	2 hours CE Medical Errors
Ron Foreman, O.D., F.A.A.O.	2 hours CE
	Optometric Jurisprudence

Information

Brad Middaugh, O.D.
 1537 Brantley Rd., A-2
 Fort Myers, Florida 33907
 Phone: 239-481-7799
 Fax: 239-481-3739
 E-mail: swfoa@att.net

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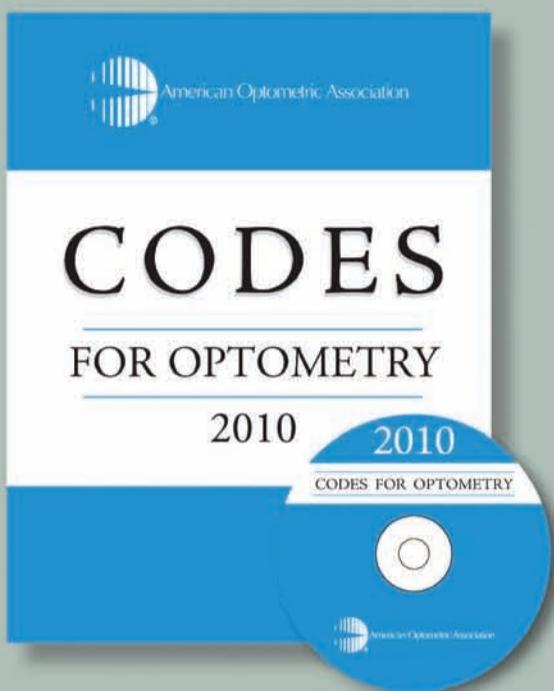
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Charles B. Brownlow, OD, Associate Director, AOA Third Party Center

- Current Procedural Terminology
- ICD-9-CM - International Classification of Diseases (abridged for eye care)
- The CMS Documentation Guidelines for the Evaluation and Management Services
- The Healthcare Common Procedure Coding System
- The Correct Coding Initiative Edits for common eye care codes

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References: 1. Lenses worn daily wear for the manufacturer-recommended replacement period using Clear Care® Cleaning and Disinfecting Solution for cleaning and disinfection; CIBA VISION data on file, 2008. 2. Based on *in vitro* measurements compared to high water content (>50%) HEMA lenses; CIBA VISION data on file, 2008.

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